

ASHWINI AYURVEDA MEDICAL COLLEGE, TUMAKURU

DEPARTMENT OF AYURVEDA SAMHITA SIDDHANTA

TEACHERS TIMETABLE – May 2026

Name of the faculty: Dr RASHMI NM

Month: May 2026

Year : I BAMS

Batch: 2025-26

DATE	DAY	TIME	Name of the Faculty	TOPIC	CLASS	T-L METHODS	Batch
13.05.26	Wednesday	2pm to 4pm	Dr Rashmi N M	Observing the practical utility of snehana and swedana	NLH P	SDL	2024-2025
15.05.26	Friday	10am-11am	Dr Rashmi N M	Introduction to panchakarma	LH	Lecture, Demonstration, PPT	2025-2026
19.05.26	Tuesday	12 pm- 1pm	Dr Rashmi N M	Distribution of TT Booklets	NLHT		2025-2026
20.05.26	Wednesday	11am-12pm	Dr Rashmi N M	Apamarga Tanduliya Adhyaya i. Shiro Virechana Dravya ii. Vamana Dravya & Main Indications	LH	Lecture, Demonstration, PPT	2025-2026
21.05.26	Thursday	11am-12pm	Dr Rashmi N M	Dheerganjevitiya Adhyaya	NLHT	Recitation of shlokas	2025-2026
22.05.26	Friday	10am-11am	Dr Rashmi N M	Apamarga Tanduliya Adhyaya iii. Virechana Dravya & iv. Asthapana Dravya & Main Indications	LH	Lecture, Demonstration, PPT	2025-2026
26.05.26	Tuesday	12 pm- 1pm	Dr Rashmi N M	Apamarga Tanduliya Adhyaya	NLHT	Recitation of shlokas	2025-2026
27.05.26	Wednesday	11am-12pm	Dr Rashmi N M	Apamarga Tanduliya Adhyaya Ashtavimshathi Yavagu	LHT	Lecture, Demonstration, PPT	2025-2026
		2pm to 4pm		Observing the practical utility of snehana and swedana	NLHP	SDL	2024-2025
29.05.26	Friday	10am-11am	Dr Rashmi N M	Apamarga Tanduliya Adhyaya Ashtavimshathi Yavagu	LH	Lecture, Demonstration, PPT	2025-2026

Dr

Signature of the Teacher

Dr
H.O.D

Signature of HOD
DEPARTMENT OF AYURVEDA SAMHITA SIDDHANTA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDA MEDICAL COLLEGE AND RESEARCH CENTRE, TUMKUR

TEACHER'S TIMETABLE FOR MAY 2026

Staff Name: Dr.Chaitra Rani K S
Designation: Associate Professor
Department: Samhitha and Siddhanta

Date	Day	Time	Faculty	Topic	Class	T-L Method	Batch
2/5/2026	Saturday	-	-	Term examinations	-	-	2025-26
4/5/2026	Monday	-	-	Vacations for first years	-	-	2025-26
5/5/2026	Tuesday	-	-	Vacations for first years	-	-	2025-26
6/5/2026	Wednesday	11-12PM	Dr.Chaitra Rani K.S	Topic 11 Cha.Su.23- Santarpaneeya Adhyaya I. Adhyaya parichaya	LH	L	2024-25

				II. Siddhanta vivarana 1. Santarpana dravya 2. Santarpanajanya vyadhi 3. Chikitsasutra of santarpanajanya vyadhi			
7/5/2026	Thursday	-	-	Vacations for first years	-	-	2025-26
8/5/2026	Friday	-	-	Vacations for first years	-	-	2025-26
9/5/2026	Saturday	-	-	Vacations for first years	-	-	2025-26
11/5/2026	Monday	-	-	Vacations for first years	-	-	2025-26
12/5/2026	Tuesday	-	-	Vacations for first years	-	-	2025-26
13/5/2026	Wednesday	11-12PM	Dr.Chaithra Rani K.S	Topic 11 Cha.Su.23- Santarpaneeya Adhyaya 4. Apatarpanajanya vyadhi 5. Chikitsasutra of apatarpanajanya vyadhi	LH	L	2024-25

				III. Adhyaya sangraha			
14/5/2026	Thursday	-	-	Vacations for first years	-	-	2025-26
15/5/2026	Friday	11-12PM	Dr.Chaithra Rani K.S	P3. Hitayu/ Sukhayu lakshanas	NLH	GD- Case presentation on Hithayu, Sukayu	2025-26
16/5/2026	Saturday	9-10AM	Dr.Chaithra Rani K.S	P3. Hitayu/ Sukhayu lakshanas	NLH	GD- Case presentation on Hithayu, Sukayu	2025-26
18/5/2026	Monday	11-12PM	Dr.Chaithra Rani K.S	Dravya vijnaneeyam 3.1 Dravya: Lakshana, Classification and Enumeration	LH	L	2025-26
19/5/2026	Tuesday	11-12PM	Dr.Chaithra Rani K.S	Dravya vijnaneeyam 3.1 Dravya: Lakshana, Classification and Enumeration	LH	L	2025-26

20/5/2026	Wednesday	11-12PM	Dr.Chaithra Rani K.S	<p>Topic 12 Cha.Su.24- Vidhishoniteeya Adhyaya</p> <p>I. Adhyaya parichaya</p> <p>II. Siddhanta vivarana</p> <p>1. Shonita-pradhanyata 2. Shonita-dushti-karana 3. Shonitajanya roga 4. Shonita-dushti- chikitsa</p>	LH	L	2024-25
21/5/2026	Thursday	10-11AM	Dr.Chaithra Rani K.S	<p>P4: Dravya</p> <p>1. Identification of Guna and Karma. Make a list of 10 dravyas surrounding you and identify Guna and Karma in it.</p>	NLH	GD- Presentation	2025-26


22/5/2026	Friday	11-12PM	Dr.Chaithra Rani K.S	P4: Dravya 1. Identification of Guna and Karma. Make a list of 10 dravyas surrounding you and identify Guna and Karma in it.	NLH	GD- Presentation	2025-26
23/5/2026	Saturday	9-10AM	Dr.Chaithra Rani K.S	P4: Dravya 2. Panchbhautik nature identification: Demonstrate the Panchamahabhuta in any five ahara dravya and five sharira dravya/ avayava with a neat labeled diagramme. (ex-cell, blood, vata, pitta, kapha etc).	NLH	GD- Presentation	2025-26

25/5/2026	Monday	11-12PM	Dr.Chaithra Rani K.S	Dravya vijnaneeyam 3.2 Panchabhuta: Various theories regarding the creation (theories of Taittiriyanishad, Nyaya-Vaisheshika, Sankhya-Yoga, Sankaracharya, Charaka and Sushruta), Lakshana and qualities of each Mahabhoota.	LH	L	2025-26
26/5/2026	Tuesday	11-12PM	Dr.Chaithra Rani K.S	Dravya vijnaneeyam 3.2 Panchabhuta: Various theories regarding the creation (theories of Taittiriyanishad, Nyaya-Vaisheshika, Sankhya-Yoga, Sankaracharya, Charaka	LH	L	2025-26

				and Sushruta), Lakshana and qualities of each Mahabhoota.			
27/5/2026	Wednesday	11-12PM	Dr.Chaithra Rani K.S	Topic 12 Cha.Su.24- Vidhishoniteeya Adhyaya 5. Raktadushtilakshana in relation to dosha 6. Vishuddharakta lakshana 7. Vishuddharakta- purusha-lakshana	LH	L	2024-25
29/5/2026	Friday	11-12PM	Dr.Chaithra Rani K.S	P4: Dravya 2. Panchbhautik nature identification: Demonstrate the Panchamahabhuta in any five ahara dravya and five sharira dravya/	NLH	GD- Presentation	2025-26

				avayava with a neat labeled diagramme. (ex-cell, blood, vata, pitta, kapha etc).			
30/5/2026	Saturday	9-10AM	Dr.Chaitra Rani K.S	P4: Dravya 3. Determination of Directions: Identify the directions in and enlist the content in each direction in your campus.	NLH	GD-Presentation	2025-26


Signature of the Staff


Signature of the HOD

TEACHERS TIME TABLE FOR MAY – 2026

DR. NAVEENA K S

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHOD	BATCH
7/5/2026	TURSDAY	11 – 12AM	Dr. NAVEENA K S	PA 7 CONDUCTION	ASSESSMENT	T- OBT, VV	2021-22 Batch
		12 -1 PM	Dr. NAVEENA K S	Cha. Sid. 5. NETRABASTI VYAPATHI SIDDHI 1. Basti netra dosha and its harmful effects. 2. Basti putak dosha and its harmful effects. 3. Bast Praneta dosha and its complications	NLHT	L, L&GD, L&PPT	2021-22 Batch
8/5/2026	FRIDAY	2 – 3PM	Dr. NAVEENA K S	Cha.Chi.1. Rasayana Adhyaya 1. Abhayamalakiya Rasayana Pada 1.1. Bheshaja Paryaya, classification of medicines (Bheshaja & Abheshaja Prakara), benefits of Rasayana and Vajikarana, and detailed types of Rasayana. 1.2 Indications and contraindications of Haritaki Prayoga and key formulations like Brahma Rasayana, Chyawanaprasha, and Haritaki Yoga. 2. Pranakamiya Rasayana Pada	LII	L&GD, BS	2022-23 Batch

				<p>2. Pranakamiya Rasayana Pada.....continuation 2.1 Gramya Ahara & Vihara and their effects on health.</p> <p>2.2. Rasayana Yogas - Amalaki Rasayana, Nagabala Rasayana, and Bhallataka Rasayana.</p>			
		3 - 4 PM	Dr. NAVEENA K S	<p>3. Karapratichitiya Rasayana Pada</p> <p>3.1 Amalakayasa Rasayana Kevala Amalaka Rasayana, Lauhadi Rasayana, Medhya Rasayana, Pippali Rasayana, Pippali Vardhaman Rasayana, Triphala Rasayana, and Shilajatu Rasayana.</p> <p>4. Ayurveda Samutthaniya Rasayana Pada</p> <p>4.1 Indrokta Rasayana and Achara Rasayana</p> <p>4.2 Importance of Pranacharya Vaidya, ethical aspects of Chikitsa.</p>	NLHT	L&PPT DIS	2022-23 Batch

14/5/2026	TURSDAY	11 – 12AM	Dr. NAVEENA K S	Cha. Sid. 6. VAMANA VIRECHANA VYAPATH SIDDHI 1. Indication of Shodhana in Sadharana Ritu, Pre-requisite for Samyak Yoga of Shodhana. 2. Importance of Matravat Aoushadhi, Tarpana Prayoga in Vaman and Virechana.	LH	L, L&GD, L&PPT	2021-22 Batch
		12 -1 PM	Dr. NAVEENA K S	1. Cha. Sid. 6. VAMANA VIRECHANA VYAPATH SIDDHI 3. Jeerna Aoushadhi Lakshana, Ajeerna Aushadhi Lakshana. 4. Vaman-Virechana Vyapad, Hetu, Lakshana, Chikitsa.	NLHT	L, L&GD, L&PPT	2021-22 Batch
15/5/2026	FRIDAY	2 – 3PM	Dr. NAVEENA K S	Cha.Chi. 2.Vajikarana Adhyaya 1. Samyogasharamuliya Vajikaran Pada 1.1 Importance of Vajikarana 1.2. Various Vajikarana Yoga - Brumhani Gutika, Vajikarana Ghritha Vrushya Yoga, etc. 2.Asikta Ksheerik Vajikaran Pada 2.1 Vrukshya Ksheera, Vrushya Dadhisara, Vrushya shastika Odan etc.	LH	L&GD, BS	2022-23 Batch

		3 - 4 PM	Dr. NAVEENA K S	<p>3. Mashaparnabhritiya Vajikaran Pada.</p> <p>3.1 Specific cow's milk for Vajikaran, Shatavari ghritha etc.</p> <p>4.Pumanjatabaladikam Vajikaran Pada.</p> <p>4.1 Shukra Pravritti, Prashasta ShukraGuna</p> <p>4.2 Vajikarana Nirukti</p>	NLHT	L&PPT DIS	2022-23 Batch
21/5/2026	TURSDAY	11 - 12AM	Dr. NAVEENA K S	<p>Cha.Sid. 7. BASTI VYAPAT SIDDHI</p> <p>1.Aasthapana Basti Vyapad, its Hetu, Lakshana and Chikitsa.</p>	LH	L, L&GD, L&PPT L	2021-22 Batch
		12 -1 PM	Dr. NAVEENA K S	<p>Cha.Sid. 7. BASTI VYAPAT SIDDHI</p> <p>2. Basti Dravyas used for Mrudu and Teekshna Basti.</p> <p>3. Basti Prabhav</p>	NLHT	DIS,L& GD	2021-22 Batch
22/5/2026	FRIDAY	2 - 3PM	Dr. NAVEENA K S	<p>Cha. Chi .3. Jwara Chikitsitam</p> <p>1. Jwara Prakruti, Pravritti, Prabhava, Poorvarupa, Adhishthana, Pratyatma Lakshana.</p> <p>2. Jwara classification, Jwara Samanya Samprapti Lakshana, Sadhyasadyata.</p> <p>3. Jwara Chikitsa Sutra, Tarun Jwara Chikitsa Sutra, Dhatugata</p>	LH	L&PPT	2022-23 Batch

				Jwara Chikitsa Sutra, Samsrustha Jwara Chikitsa Sutra, Sannipataj Jwara Chikitsa Sutra.			
		3 - 4 PM	Dr. NAVEENA K S	4. Vishama Jwara Chikitsa, Punaravartak Jwara Chikitsa Sutra, Shadanga Paneeya, ten types of Yavagupaan in Jwara. 5. Ghruta Prayoga, Ksheera Prayoga in Jeerna Jwara, Samshodhan Chikitsa, Daivavyapashraya Chikitsa in Jwara.	NLHT	L&PPT, TBL	2022-23 Batch
28/5/2026	TURSDAY	11 - 12AM	Dr. NAVEENA K S	Cha.Sid. 8. PRASTRITA YOGIYA SIDDHI 1. Various Prasritika- basti-yoga and their indications. 2. Permutation and Combination of Atisar , its Upadrava and Chikitsa.	LH	L, L&GD, L&PPT L	2021-22 Batch
		12 -1 PM	Dr. NAVEENA K S	Cha.Sid. 8. PRASTRITA YOGIYA SIDDHI 3. Atisara Samanya Chikitsa Siddhant and Use of Ghruta and Yavagu Kalpana	NLHT	DIS, SDL	2021-22 Batch

29/5/2026	FRIDAY	2 - 3 PM	Dr. NAVEENA K S	Cha. Chi.4.Raktapitta Chikitsitam 1. Raktapitta Hetu, Samanya Samprapti, Lakshana, Sadhyasadyata, Doshanusara Raktapitta Lakshana, Sadhyasadyata. 2. Gati Bheden Sadhyasadyata of Raktapitta, Raktapitta Chikitsa Sutra.	LH	L&PPT,	2022-23 Batch
		3 - 4PM	Dr. NAVEENA K S	3. Gudagata Raktapitta Chikitsa, Nasagata Raktapitta Chikitsa. 4. Raktapitta Shamana Yoga, Vasa Ghrita, Shatavaryadi Ghrita	NLHT	CBLL &PPT	2022-23 Batch

29/5/2026	FRIDAY	2 - 3 PM	Dr. NAVEENA K S	Cha. Chi.4.Raktapitta Chikitsitam 1. Raktapitta Hetu. Samanya Samprapti. Lakshana. Sadhyasadyata. Doshatasara Raktapitta Lakshana. Sadhyasadyata. 2. Gati Bheden Sadhyasadyata of Raktapitta. Raktapitta Chikitsa Sutra.	LH	L&PPT.	2022-23 Batch
		3 - 4PM	Dr. NAVEENA K S	3. Gudagata Raktapitta Chikitsa. Nasagata Raktapitta Chikitsa. 4. Raktapitta Shamana Yoga. Vasa Ghrita. Shatavaryadi Ghrita	NLHT	CBLL &PPT	2022-23 Batch

Naveena
 3/5/2026
TEACHER SIGNATURE
 (Dr. Naveena K.S)


SIGNATURE OF HOD

H.O.D
 DEPT OF SAMVEDHA SIDDHANTA
 AYURVEDIC MEDICAL COLLEGE
 TUMAKUR-572

TEACHER'S TIME TABLE

MAY 2026

Dr.SreeMaruthinandan P.V

Assistant Professor

Dept of Ayurveda Samhita Siddhanta

AAMC&RC,Tumkur

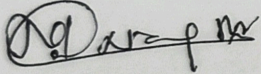
Sub: SAMHITA ADHYAYANA 02

2023-24 BATCH (L H)

DATE	DAY	TIMINGS	TOPIC	T-L METHOD
13/05/2026	Wednesday	12-01PM	Cha.Vi 01 Rasa Vimanam	L&GD
15/05/2026	Friday	09-10AM	Cha.Vi 01 Rasa Vimanam	L&GD
20/05/2026	Wednesday	12-01PM	Cha.Vi 01 Rasa Vimanam	L&GD
22/05/2026	Friday	09-10AM	Cha.Vi.02 Trividha Kuksheeyam	L&GD
27/05/2026	Wednesday	12-01PM	Cha.Vi.02 Trividha Kuksheeyam	L&GD
29/05/2026	Friday	09-10AM	Cha.Vi.02 Trividha Kuksheeyam	L&GD

2023-24 BATCH (N L H)

DATE	DAY	TIMINGS	TOPIC	T-L METHOD
14/05/2026	Thursday	02-04PM	Vyaakhyaana-03	SDL
15/05/2026	Friday	02-04PM	Vyaakhyaana-03	SDL
16/05/2026	Saturday	02-04PM	Vyaakhyaana-03	SDL
21/05/2026	Thursday	02-04PM	Vyaakhyaana-03	SDL
22/05/2026	Friday	02-04PM	Vyaakhyaana-03	SDL
23/05/2026	Saturday	02-04PM	Vyaakhyaana-03	SDL
28/05/2026	Thursday	02-04PM	Vyaakhyaana-03	SDL
29/05/2026	Friday	02-04PM	Vyaakhyaana-03	SDL
30/05/2026	Saturday	02-04PM	Vyaakhyaana-03	SDL



FACULTY SIGNATURE



SIGNATURE OF HOD
DEPT. OF SAMHITHA & SIDDHANTA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572103

TEACHER'S TIME TABLE

MAY 2026

Dr.SreeMaruthinandan P.V

Assistant Professor

Dept of Ayurveda Samhita Siddhanta

AAMC&RC,Tumkur

Sub: SAMHITA ADHYAYANA 02

2024-25 BATCH

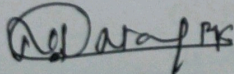
Samhita Adhyayana-02 (L H)


DATE	DAY	TIMINGS	TOPIC	T-L METHOD
02/05/2026	Saturday	09-10AM	Cha.Su.13 Sneha Adhyaya	L&GD
06/05/2026	Wednesday	04-05PM	Cha.Su.13 Sneha Adhyaya	L&GD
09/05/2026	Saturday	09-10AM	Cha.Su.13 Sneha Adhyaya	L&GD
13/05/2026	Wednesday	04-05PM	Cha.Su.13 Sneha Adhyaya	L&GD
16/05/2026	Saturday	09-10AM	Cha.Su.14 Sveda Adhyaya	L&GD
20/05/2026	Wednesday	04-05PM	Cha.Su.14 Sveda Adhyaya	L&GD
23/05/2026	Saturday	09-10AM	Cha.Su.14 Sveda Adhyaya	L&GD
27/05/2026	Wednesday	04-05PM	Cha.Su.14 Sveda Adhyaya	L&GD
30/05/2026	Saturday	09-10AM	Cha.Su.14 Sveda Adhyaya	L&GD

2024-25 BATCH

SAMHITA ADHYAYANA-02 NLH

DATE	DAY	TIMINGS	TOPIC	T-L METHOD
04/05/2026	Monday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL
05/05/2026	Tuesday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL
11/05/2026	Monday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL
12/05/2026	Tuesday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL
18/05/2026	Monday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL
19/05/2026	Tuesday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL
25/05/2026	Monday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL
26/05/2026	Tuesday	02-04PM	OBSERVING THE PRACTICAL UTILITY OF SNEHANA AND SWEDANA	SDL


FACULTY SIGNATURE


SIGNATURE OF HOD
H.O.D.
DEPT. OF SAMHITHA & SIDDHANTHA
ASHWINI AYURVEDIC MEDICAL COLLEGE
572105

**ASHWINI AYURVEDA MEDICAL COLLEGE AND
RESEARCH CENTRE, TUMKUR**

TEACHER'S TIMETABLE FOR MAY 2026

Staff Name: Dr. Monica Manjunath

Designation: Assistant Professor

Department: Samhitha and Siddhanta

04/05/2026	Monday		Vacation for First and second years				
05/05/2026	Tuesday		Vacation for First and second years				
06/05/2026	Wednesday	02:00 – 4:00 PM	Dr. Monica Manjunath	SA-2 Topic: Snehadyaya	NLHT	Group discussion/ PPT	2024-2025 Batch
07/05/2026	Thursday		Vacation for First and second years				
8/05/2026	FRIDAY		Vacation for First and second years				
11/05/2026	Monday	4:00 – 5:00 PM	Dr. Monica Manjunath	SA-2 Topic: 8 th chapter introduction , Paper distribution and discussion	LH	L-PPT	2023-2024 Batch
13/05/2026	Wednesday		Vacation for First				

14/05/2026	Thursday	2:00 – 3:00 PM	Dr. Monica Manjunath	SA-2 Commentary based studies	NLHT	L-PPT	2023-2024 Batch
		3:00 – 4:00 PM	Dr. Monica Manjunath	SA-2 Commentary based studies	NLHT	L-PPT	2023-2024 Batch
16/05/2026	Saturday	11:00 – 12:00 PM	Dr. Monica Manjunath	SA-1 Annaswaroopa introduction and paper discussion	NLHT	L-PPT	2025-2026 Batch

18/05/2026	Monday	10:00 – 11:00 AM	Dr. Monica Manjunath	SA-1 Annaraksha vidhi adhyaya	LH	Lecturer / Discussion	2025-2026 Batch
		4:00 – 5:00 PM	Dr. Monica Manjunath	SA-2 Topic: charaka shareera sthana -8 th chapter	LH	Lecturer / Discussion	2023-2024 Batch
20/05/2026	wednesday	10:00 – 11:00 PM	Dr. Monica Manjunath	SA-1 Dravya dravyadi activity	NLH	Lecturer / Discussion	2025-2026 Batch
		2:00 – 4:00 PM	Dr. Monica Manjunath	SA-2 Sneha clinical exposure	NLHT	L-PPT	2024-2025 Batch
21/05/2026	Thursday	9:00 – 10:00 PM	Dr. Monica Manjunath	SA-1 Annaraksha vidhi adhyaya	LH	L-PPT	2025-2026 Batch
		2:00 – 3:00 PM	Dr. Monica Manjunath	SA-2 Commentary based studies	NLHT	L-PPT	2023-2024 Batch

		3:00 – 4:00 PM	Dr. Monica Manjunath	SA-2 Commentary based studies	NLHT	L-PPT	2023-2024 Batch
23/05/2026	Saturday	11:00 – 12:00 PM	Dr. Monica Manjunath	SA-1 Annaswaroopa	NLHT	L-PPT	2025-2026 Batch

25/05/2026	Monday	10:00 – 11:00 AM	Dr. Monica Manjunath	SA-1 Annaraksha vidhi adhyaya – vishadata lakshana	LH	Lecturer / Discussion	2025-2026 Batch
		4:00 – 5:00 PM	Dr. Monica Manjunath	SA-2 Topic: charaka sutra sthana 25 th chapter	LH	Lecturer / Discussion	2023-2024 Batch
27/05/2026	wednesday	10:00 – 11:00 PM	Dr. Monica Manjunath	SA-1 Annaswaroopa activity	NLH	Lecturer / Discussion	2025-2026 Batch
30/05/2026	Saturday	11:00 – 12:00 PM	Dr. Monica Manjunath	SA-1 Annaswaroopa activity	NLHT	L-PPT	2025-2026 Batch

Monica Manjunath
Faculty Signature



HOD signature

H.O.D
DEPT. OF SAMHITHA & SIDDHANTHA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDA MEDICAL COLLEGE AND RESEARCH CENTRE, TUMKUR

TEACHER'S TIMETABLE FOR ACADEMIC YEAR MAY-2026

Staff Name: Mr.Sanu Kumar Pati

Designation: Assistant Professor

Department: Samhitha and Siddhanta

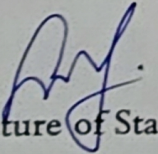
Academic Year: 2025-26

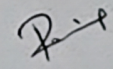
Month: May - 2026

Sl. No.	Date	Day	Time	Topic	Class	TL Method	Batch	Faculty Name
1	02/05/26			1 st Term Examination			2025-26	Mr. Sanu Kumar Pati
2	04/05/26-14/05/26			1 st Term End Holiday			2025-26	Mr. Sanu Kumar Pati
3	15/05/26	Friday	09:00-10:00 PM	Practical on विभक्ति वाक्यरचना	NLHP	LD-PPT	2025-26	Mr. Sanu Kumar Pati
4	15/05/26	Friday	02:00-	अपादान कारक - बहिर्योगे पञ्चमी, पञ्चम्यपाङ्कुरिभिः	LH	LD-PPT,	2025-	Mr. Sanu

			03:00 PM			GD	26	Kumar Pati
4	16/05/26	Saturday	04:00- 05:00 PM	Language Lab: Practical on Panchami Vibhakti	NLHP	L, Chart, quiz	2025-26	Mr. Sanu Kumar Pati
5	18/05/26	Monday	02:00- 03:00 PM	सम्बन्ध: - षष्ठी शेषे	LH	LD-PPT, GD	2025-26	Mr. Sanu Kumar Pati
6	19/05/26	Tuesday	09:00- 10:00 AM	Sutras discussion on पञ्चमी षष्ठी विभक्ति	LH	L-PPT, GD	2025-26	Mr. Sanu Kumar Pati
	19/05/26	Tuesday	03:00- 04:00 PM	पाणिनीय सूत्र पाठ - कारक प्रकरण	NLHT	LD-PPT, GD	2025-26	Mr. Sanu Kumar Pati
7	20/05/26	Wednesday	09:00- 10:00 AM	Ayurveda Itihasa: Commentators of classical Samhitas	NLHT	Quiz and GD	2025-26	Mr. Sanu Kumar Pati
8	21/05/26	Thursday	12:00- 01:00 PM	Karaka and Vibhakti: षष्ठी विभक्ति examples from Samhita	NLHT	L-PPT	2025-26	Mr. Sanu Kumar Pati
9	22/05/26	Friday	09:00- 10:00 PM	Nirukti & Paribhasha	NLHP	LD-PPT, GD	2025-26	Mr. Sanu Kumar Pati
10	22/05/26	Friday	02:00- 03:00 PM	Karaka and Vibhakti: षष्ठी विभक्ति examples from Samhita	LH	GD	2025-26	Mr. Sanu Kumar Pati
11	23/05/26	Saturday	04:00- 05:00 PM	Language Lab: पञ्चमी षष्ठी विभक्ति examples	NLHP	PPT, GD	2025-26	Mr. Sanu Kumar Pati
12	25/05/26	Monday	02:00-	Karaka: अधिकरण (Locative), सूत्र-	LH	L-PPT	2025-	Mr. Sanu

			03:00 PM	आधारोऽधिकरणम्						
13	26/05/26	Tuesday	09:00- 10:00 AM	Ayurveda Itihasa: Commentators of classical Samhitas and निघण्टु of Ayurveda	LH	PPT	2025- 26	26	Mr. Sanu Kumar Pati	
14	26/05/26	Tuesday	03:00- 04:00 PM	Practical on विभक्ति and sentence formation	NLHT	GD, Quiz	2025- 26	26	Mr. Sanu Kumar Pati	
16	27/05/26	Wednesday	11:00- 12:00 PM	Bakrid			2025- 26	26	Mr. Sanu Kumar Pati	
17	28/05/26	Thursday	12:00- 01:00 PM	Karaka: अधिकरण (Locative), सूत्र- यतश्च निर्धारणम्	NLHT	LD-PPT, GD	2025- 26	26	Mr. Sanu Kumar Pati	
	29/05/26	Friday	09:00- 10:00 PM	वाक्य रचना परीक्षणम् on Practical book	NLHP	Practical Sheet	2025- 26	26	Mr. Sanu Kumar Pati	
18	29/05/26	Friday	02:00- 03:00 PM	Language Lab: Practical on षष्ठी and सप्तमी Vibhakti	LH	LD, GD	2025- 26	26	Mr. Sanu Kumar Pati	
19	30/05/26	Saturday	04:00- 05:00 PM	Karaka: अधिकरण (Locative), सूत्र- निमित्तात् कर्मयोगे, यस्य च भावेन भावलक्षणम्	NLHP	PPT, GD	2025- 26	26	Mr. Sanu Kumar Pati	


Signature of Staff


Signature of HOD

H.O.D
DEPT. OF SAMHITHA & SIDDHANTHA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDA MEDICAL COLLEGE & RESEARCH CENTRE, TUMAKURU

DEPARTMENT OF RACHANA SHAREERA

TEACHERS TIMETABLE – MAY 2026

Name of the faculty: Dr Janet Esther

Month: May 2026

Year : I BAMS

Batch: 2025-26

DATE	DAY	TIME	TOPIC	CLASS	T-L METHODS	REMARKS
15.05.26	Friday	3pm-4pm	Mentor Mentee Meeting	-	-	-
18.05.26	Monday	9am-10am	Anatomy of Sacrum	LH	Lecture, Demonstration, PPT	-
19.05.26	Tuesday	4pm-5pm	Anatomy of Sternum	NLHT	Lecture, Demonstration, PPT	-
22.05.26	Friday	3pm-4pm	Mentor Mentee Meeting	-	-	-
25.05.26	Monday	9am-10am	Anatomy of Ribs	LH	Lecture, Demonstration, PPT	-
26.05.26	Tuesday	4pm-5pm	Anatomy of Ribs	NLHT	Lecture, Demonstration, PPT	-
27.05.26	Wednesday	3pm-5pm	Introduction to Upper limb, Pectoral region & Surface landmarks	NLHP	Dissection	-
28.05.26	Thursday	3pm-5pm	Introduction to Upper limb, Pectoral region & Surface landmarks	NLHP	Dissection	-
29.05.26	Friday	3pm-4pm	Mentor Mentee Meeting	-	-	-

Signature of the Teacher

Signature of HOD

H. O. D.
Dept. of Shareera Rachana
Ashwini Ayurvedic Medical College,
Tumkur.

Signature of Principal

**ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH
CENTRE, TUMAKURU**


Department of Rachana Shareera

Teacher's Time Table – May 2026

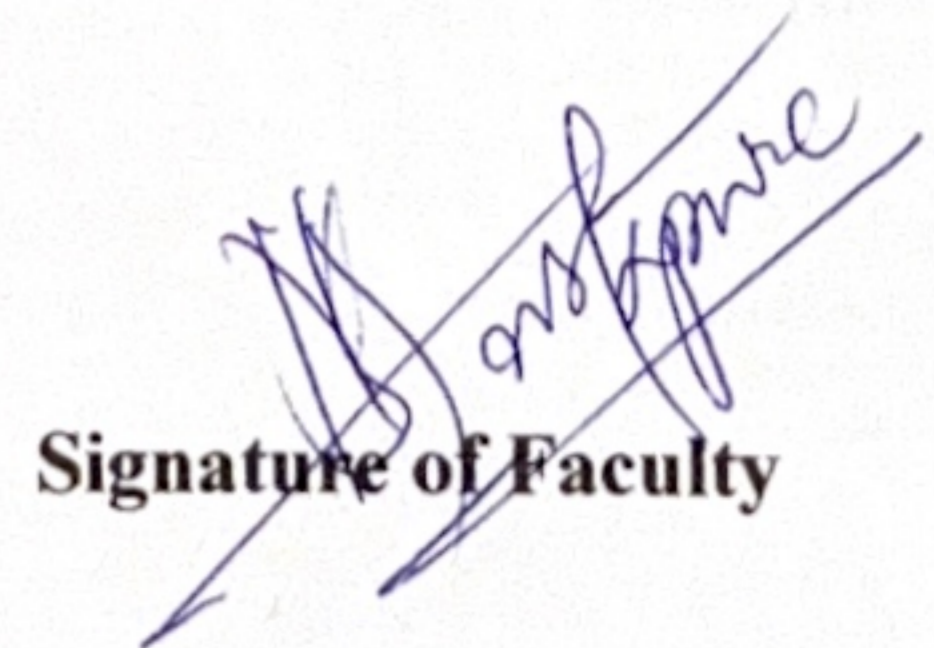
Name of the Faculty: Dr. Sujit Mustapure

Batch: 2025–26

Sl. No.	Date	Day	Time	Faculty	Topic	Class	T-L Method	Batch
1	15.05.2026	Friday	4:00 – 5:00 PM	Dr. Sujit M	Arthrology – Introduction	LH	PPT	2025–26
2	18.05.2026	Monday	4:00 – 5:00 PM	Dr. Sujit M	Shoulder Joint	NLHT	PPT	2025–26
3	22.05.2026	Friday	4:00 – 5:00 PM	Dr. Sujit M	Elbow Joint	LH	PPT	2025–26
4	25.05.2026	Monday	4:00 – 5:00 PM	Dr. Sujit M	Wrist Joint	NLHT	PPT	2025–26
5	29.05.2026	Friday	4:00 – 5:00 PM	Dr. Sujit M	Hip Joint	LH	PPT	2025–26


Signature of HOD

H. O. D.
Dept. of Shareera Rachana
Ashwini Ayurvedic Medical College,
Tumkur.


Signature of Faculty

ASHWINI AYURVEDA MEDICAL COLLEGE, TUMAKURU

DEPARTMENT OF RACHANA SHAREERA

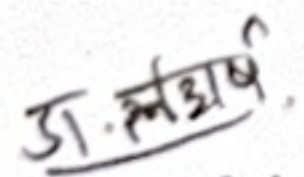
TEACHERS TIMETABLE – MAY 2026

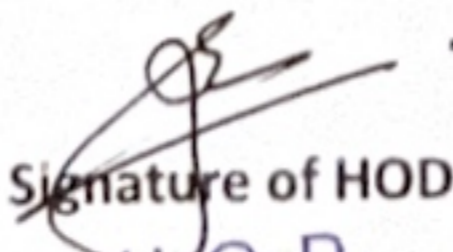
Name of the faculty: Dr Sneha H S

Batch: 2025-26

Month: May 2026

DATE	DAY	TIME	TOPIC	CLASS	T-L METHODS	REMARKS
16.05.26	SATURDAY	10AM-11AM	Anguli Pramana	LH	LECTURE, PPT	
19.05.26	TUESDAY	10AM-11AM	Discussion on Pramana Shareera	NLHT	LECTURE, PPT	
20.05.26	WEDNESDAY	2PM-3PM	Anjali Pramana	LH	LECTURE, PPT	
20.05.26	WEDNESDAY	3PM-5PM	Introduction to Dissection and Practice of incisions	NLHP	PRACTICAL, DEMO	
21.05.26	THURSDAY	3PM-5PM	Introduction to Dissection and Practice of incisions	NLHP	PRACTICAL, DEMO	
23.05.26	SATURDAY	10AM-11AM	Sira Shareera	LH	LECTURE, PPT	
26.05.26	TUESDAY	10AM-11AM	Seminar on Sira Shareera	NLHT	LECTURE, PPT	
27.05.26	WEDNESDAY	2PM-3PM	Sira Shareera	LH	LECTURE, PPT	
30.05.26	SATURDAY	10AM-11AM	Sira Shareera	LH	LECTURE, PPT	


Signature of the Teacher


Signature of HOD
H. O. D.
Dept. of Shareera Rachana
Ashwini Ayurvedic Medical College,
Tumkur.

Signature of Principal

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE
RING ROAD, MARALUR, TUMKUR – 572105

TEACHER'S TIME TABLE - MAY 2026

Department: KRIYA SHARIRA

Faculty: Dr. PADMANABHA RUGVEDI

02/05/2026	Saturday	9am-5 pm	DR. PADMANABHA RUGVEDI	1 st term test – Practical and Viva	-	-	2025 - 26
05/05/2026	Tuesday	2-3 pm	DR. PADMANABHA RUGVEDI	1 st term holidays for students	-	-	2025 - 26
06/05/2026	Wednesday	3-5 pm	DR. PADMANABHA RUGVEDI	1 st term holidays for students	-	-	2025 - 26
07/05/2026	Thursday	2-3 pm	DR. PADMANABHA RUGVEDI	1 st term holidays for students	-	-	2025 - 26
09/05/2026	Saturday	12-1 pm	DR. PADMANABHA RUGVEDI	1 st term holidays for students	-	-	2025 - 26
12/05/2026	Tuesday	2-3 pm	DR. PADMANABHA RUGVEDI	1 st term holidays for students	-	-	2025 - 26
13/05/2026	Wednesday	3-5 pm	DR. PADMANABHA RUGVEDI	Online PTM for Mentee students	Via Zoom	-	2025 - 26
14/05/2026	Thursday	2-3 pm	DR. PADMANABHA RUGVEDI	1 st term holidays for students	-	-	2025 - 26
16/05/2026	Saturday	12-1 pm	DR. PADMANABHA RUGVEDI	Pitta dosha - Types	LH	Lecture Discussion	2025 - 26
19/05/2026	Tuesday	2-3 pm	DR. PADMANABHA RUGVEDI	Pitta dosha-Integrated session	NLH T	Integrated session	2025 - 26
20/05/2026	Wednesday	3-5 pm	DR. PADMANABHA RUGVEDI	OSPE – Saara pariksha (Batch A)	NLHP	Clinical	2025 - 26
21/05/2026	Thursday	2-3 pm	DR. PADMANABHA RUGVEDI	Pitta Dosa – Sthana, karma of Pachaka pitta	LH	Lecture Discussion	2025 - 26
23/05/2026	Saturday	12-1 pm	DR. PADMANABHA RUGVEDI	Difference between Pitta and Agni	LH	Lecture Discussion	2025 - 26
26/05/2026	Tuesday	2-3 pm	DR. PADMANABHA RUGVEDI	Pitta dosha-Integrated session	NLH T	Integrated session	2025 - 26
27/05/2026	Wednesday	3-5 pm	DR. PADMANABHA RUGVEDI	OSPE – Saara pariksha (Batch A)	NLHP	Clinical	2025 - 26

28/05/2026	Thursday	2-3 pm	DR. PADMANABHA RUGVEDI	Pitta dosha- Sthana and Karma of Ranjaka and Sadhaka pitta	LH	Lecture Discussion	2025 - 26
30/05/2026	Saturday	12-1 pm	DR. PADMANABHA RUGVEDI	Pitta dosha- Sthana and Karma of Alochaka and Bhrajaka pitta	LH	Lecture Discussion	2025 - 26

Faculty Signature

Dr Padmanabha Rugvedi,

Professor and HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE
RING ROAD, MARALUR, TUMKUR – 572105

TEACHER'S TIME TABLE –MAY 2026

Department : KRIYA SHARIRA

Faculty: Dr. ROHIT H E

Date	Day	Time	FACULTY	Topic	Class	T-L Method	Batch
01/05/2026	FRIDAY			Govt.Holiday			
02/05/2026	SATURDAY	9AM – 5 PM	Dr. ROHIT H E	I st TT – Practical/Vivo	-	-	2025 -26
04/05/2026 to 14/05/2026	MONDAY		Dr. ROHIT H E	1 st term holidays for students	-	-	2025 -26
13/05/2026	WEDNESDAY	3 – 5 PM	Dr. ROHIT H E	Online PTM for Mentee students	Via ZOOM		2025 -26
15/05/2026	FRIDAY	12 –1 PM	Dr. ROHIT H E	CVS – Cardiac Cycle Phases	LH	L - PPT	2025 -26
18/05/2026	MONDAY	12- 1 PM	Dr. ROHIT H E	CVS	NLHT - Seminars	Lecture Discussion	2025 -26
20/05/2026	WEDNESDAY	12 –1 PM	Dr. ROHIT H E	CVS – Heart Sounds	LH	L - PPT	2025 -26
21/05/2026	THURSDAY	3 – 5 PM	Dr. ROHIT H E	HB %(Batch B)	NLHP	Lecture Demonstration	2025 -26
22/05/2026	FRIDAY	12- 1 PM	Dr. ROHIT H E	CVS – Basics of ECG	LH	L - PPT	2025 -26
25/05/2026	MONDAY	12- 1 PM	Dr. ROHIT H E	CVS	NLHT - Seminars	Lecture Discussion	2025 -26
27/05/2026	WEDNESDAY	12 –1 PM	Dr. ROHIT H E	CVS – Arterial Pulse	LH	L - PPT	2025 -26
28/05/2026	THURSDAY			Govt.Holiday			
29/05/2026	FRIDAY	12- 1 PM	Dr. ROHIT H E	CVS – Arterial BP	LH	L - PPT	2025 -26

Signature of Faculty

Signature of HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR
AYU0094

TEACHER'S TIME TABLE

Faculty Name: Dr. DEEPA NAGARAJA

Month : MAY 2026

Designation: Professor & HOD

Department: Dravyaguna

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHOD	Batch
04-05-2026	MONDAY	12-1 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	7. PRABHAVA Segregating Dravya based on Samanapratyarabdha, Vichitra pratyarabdha & Prabhava	NLHT	PUZZLE	2024-25 Batch
07-05-2026	THURSDAY	10-11 A.M.	Dr. DEEPA NAGARAJA Professor & HOD	7. PRABHAVA Research Updates on Prabhava	LH	L&PPT	2024-25 Batch
08-05-2026	FRIDAY	2-4 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	4. Comparative Organoleptic & Macroscopic Examination of Crude drugs – ROOTS, RHIZOMES	NLH Practical	Demonstration	2024-25 Batch
11-05-2026	MONDAY	10-11 A.M.	Dr. DEEPA NAGARAJA Professor & HOD	12. MISHRAKA VARGEEKARANA Brihat Panchamoola, Laghu Panchamoola, Dashamoola	LH	L&PPT, EDU	2023-24 Batch (III TERM)
11-05-2026	MONDAY	12-1 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	9. KARMA CBL	NLHT	Case Presentation	2024-25 Batch
12-05-2026	TUESDAY	2-4 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	EKALA DRAVYA PRAYOGA	NLH Practical	Case Presentation	2023-24 Batch
14-05-2026	THURSDAY	10-11 A.M.	Dr. DEEPA NAGARAJA Professor & HOD	9. KARMA SWAROOPA, LAKSHANA, NIRUKTI , Deepana , Pachana Karma	LH	L&PPT ,D, BL	2024-25 Batch

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR
AYU0094

14-05-2026	THURSDAY	4-5 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	12. MISHRAKA VARGEELAKARANA	NLHT	GBL	2023-24 Batch
15-5-2026	FRIDAY	2-4 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	4. Comparative Organoleptic & Macroscopic Examination of Crude drugs – STEM, BARK	NLH Practical	Demonstration	2024-25 Batch
18-05-2026	MONDAY	10-11 A.M.	Dr. DEEPA NAGARAJA Professor & HOD	12. MISHRAKA VARGEELAKARANA Valli, Kantaka, Trina Panchamoola , Pancha Valkala	LH	L&PPT, GD	2023-24 Batch
18-05-2026	MONDAY	12-1 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	9. KARMA	NLHT	Game Based Learning	2024-25 Batch
18-05-2026	MONDAY	4-5 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	9. KARMA Samshodhana , Samshamana, Anulomana Karma	LH	L&PPT, Dis, PBL	2024-25 Batch
19-05-2026	TUESDAY	2-4 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	EKALA DRAVYA PRAYOGA	NLH Practical	Case Presentation	2023-24 Batch
21-05-2026	THURSDAY	10-11 A.M.	Dr. DEEPA NAGARAJA Professor & HOD	9. KARMA Bhedhana, Rechana, Sramsana.	LH	L&PPT, Dis, PBL	2024-25 Batch
21-05-2026	THURSDAY	4-5 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	12. MISHRAKA VARGEELAKARANA Matching Dravyas with Mishraka Gana	NLHT	PUZZLE	2023-24 Batch
22-05-2026	FRIDAY	2-4 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	4. Comparative Organoleptic & Macroscopic Examination of Crude drugs – Heartwood, Leaf, Flowers	NLH Practical	Demonstration	2024-25 Batch
25-05-2026	MONDAY	10-11 A.M.	Dr. DEEPA NAGARAJA Professor & HOD	12. MISHRAKA VARGEELAKARANA Triphala, Tikatu, Trimada	LH	L&PPT, GD	2023-24 Batch

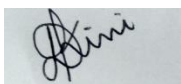
ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR
AYU0094

25-05-2026	MONDAY	12-1 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	9. KARMA	NLHT	Role Play	2024-25 Batch
25-05-2026	MONDAY	4-5 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	9. KARMA Chedhana , Lekhana	LH	L&PPT, Dis, PBL	2024-25 Batch
26-05-2026	TUESDAY	2-4 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	EKALA DRAVYA PRAYOGA	NLH Practical	Case Presentation	2023-24 Batch
29-05-2026	FRIDAY	2-4 P.M.	Dr. DEEPA NAGARAJA Professor & HOD	4. Comparative Organoleptic & Macroscopic Examination of Crude drugs – Fruits & Phala Raja	NLH Practical	Demonstration	2024-25 Batch

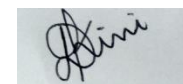
Total Theory Hours : 08 Hours

NLH Theory Hours : 06 Hours

NLH Practical Hours : 14 Hours



Signature of the Faculty



Signature of the HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR

DEPARTMENT OF DRAVYAGUNA

Teacher's Time Table – May 2026

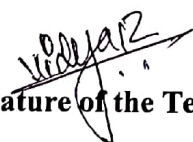
Faculty: Dr. Vidya


Batches: 2024–25 & 2023–24

Date	Day	Time	Faculty	Topic	Class	T-L Methods	Batch
02.05.2026	Saturday	10:00 – 11:00 AM	Dr. Vidya	Dravyaguna Shastra	LH	L, PPT	2024–25
02.05.2026	Saturday	02:00 – 04:00 PM	Dr. Vidya	Introduction to Curriculum and Comparative Organoleptic & Macroscopic Examination	NLH – P	PT, D-L	2024–25
04.05.2026	Monday	04:00 – 05:00 PM	Dr. Vidya	Dravya	NLH – T	Recitation	2024–25
05.05.2026	Tuesday	09:00 – 10:00 AM	Dr. Vidya	Dravya	LH	L, PPT	2024–25
07.05.2026	Thursday	02:00 – 04:00 PM	Dr. Vidya	Comparative Organoleptic & Macroscopic Examination of Rhizome	NLH – P	PT, D-L	2024–25
09.05.2026	Saturday	10:00 – 11:00 AM	Dr. Vidya	Dravya	LH	L, PPT	2024–25
09.05.2026	Saturday	02:00 – 04:00 PM	Dr. Vidya	Comparative Organoleptic & Macroscopic	NLH – P	PT, D-L	2024–25

Date	Day	Time	Faculty	Topic	Class	T-L Methods	Batch
				Examination of Root and Rhizome			
11.05.2026	Monday	02:00 – 04:00 PM	Dr. Vidya	Ekala Dravya	NLH – P	PT, D-L	2023–24
12.05.2026	Tuesday	09:00 – 10:00 AM	Dr. Vidya	Dravya	LH	L, PPT	2024–25
12.05.2026	Tuesday	11:00 – 12:00 PM	Dr. Vidya	Dravya Nama-Guna-Karma-Jnana of Nimba	LH	L, PPT	2023–24
13.05.2026	Wednesday	09:00 – 10:00 AM	Dr. Vidya	Dravya Nama-Guna-Karma-Jnana of Nirgundi	LH	L, PPT	2023–24
13.05.2026	Wednesday	02:00 – 04:00 PM	Dr. Vidya	Ekala Dravya	NLH – P	PT, D-L	2023–24
14.05.2026	Thursday	02:00 – 04:00 PM	Dr. Vidya	Organoleptic & Macroscopic Examination of Stem and Bark	NLH – P	PT, D-L	2024–25
15.05.2026	Friday	11:00 – 12:00 PM	Dr. Vidya	Classification and Techniques of Aqueous and Alcoholic Extracts	NLH – T	P-Viva	2023–24
16.05.2026	Saturday	10:00 – 11:00 AM	Dr. Vidya	Dravya	LH	L, PPT	2024–25
16.05.2026	Saturday	02:00 – 04:00 PM	Dr. Vidya	Organoleptic & Macroscopic Examination of Stem and Bark	NLH – P	PT, D-L	2024–25
18.05.2026	Monday	12:00 – 01:00 PM	Dr. Vidya	Dravya	NLH – T	Brain Storming Activity	2024–25
18.05.2026	Monday	02:00 – 04:00 PM	Dr. Vidya	Ekaladravya	NLH – P	PT, D-L	2023–24

Date	Day	Time	Faculty	Topic	Class	T-L Methods	Batch
19.05.2026	Tuesday	09:00 – 10:00 AM	Dr. Vidya	Introduction to Rasa	LH	L, PPT	2024–25
19.05.2026	Tuesday	11:00 – 12:00 PM	Dr. Vidya	Dravya Nama-Guna-Karma-Jnana of Musta	LH	L, PPT	2023–24
20.05.2026	Wednesday	09:00 – 10:00 AM	Dr. Vidya	Dravya Nama-Guna-Karma-Jnana of Pashanabheda	LH	L, PPT	2023–24
21.05.2026	Thursday	02:00 – 04:00 PM	Dr. Vidya	Organoleptic & Macroscopic Examination of Heart Wood and Leaf	NLH – T	PT, D-L	2024–25
23.05.2026	Saturday	10:00 – 11:00 AM	Dr. Vidya	Rasa	LH	L, PPT	2024–25
25.05.2026	Monday	12:00 – 01:00 PM	Dr. Vidya	Dravya	NLH – T	Quiz	2024–25
25.05.2026	Monday	02:00 – 04:00 PM	Dr. Vidya	Ekala Dravya	NLH – P	PT, D-L	2023–24
27.05.2026	Wednesday	09:00 – 10:00 AM	Dr. Vidya	Dravya Nama-Guna-Karma-Jnana of Palasha	LH	L, PPT	2023–24
29.05.2026	Friday	11:00 – 12:00 PM	Dr. Vidya	Classification and Techniques of Aqueous and Alcoholic Extracts	NLH – T	L-VC	2023–24
30.05.2026	Saturday	10:00 – 11:00 AM	Dr. Vidya	Rasa	LH	L, PPT	2024–25


Signature of the Teacher


Signature of HOD
H.O.D.
Dept. OF DRAVYAGUNA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR

AYU0094

TEACHERS TIME TABLE –MAY 2026

COURSE -2ND YR BAMS

BATCH: 2023-24

ACADEMIC YEAR – 2025-26

NAME OF THE FACULTY: DR SHWETA S NAYAK

DEPARTMENT: RS & BK

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHOD	REMARKS
11-5-26	MON	2-4 PM	Dr Shweta S Nayak	Parpati kalpana Amrita ghrita Kajjali nirmana Quality control practicals	NLHP	D	
13-5-26	WED	10-11AM	Dr Shweta S Nayak	Rasasravya –Haratala, Manashila, Anjana, shuddaloha,	LH	L&D PPT	
18-5-26	MON	2-4 PM	Dr Shweta S Nayak	Quality control practicals	NLHP	PT L&GD BS	
20-5-26	WED	10-11AM	Dr Shweta S Nayak	Rasadravaya- saraloha, putiloha	LH	L&PPT DIS	
22-05-26	FRI	4-5PM	Dr Shweta S Nayak	Rasadravaya- saraloha, putiloha	LH	L&D PPT	
23-5-26	SAT	10-11AM	Dr Shweta S Nayak	Aushadha kalpa -I kumarakalyana rasa, garbhapala rasa, pravala panchamruta rasa, anandabhairava rasa, yogendra rasa	NLHT	PRN	
25-5-26	MON	2-4 PM	Dr Shweta S Nayak	Quality control practicals	NLHP	PT L&GD BS	
25-5-26	WED	10-11AM	Dr Shweta S Nayak	2. Traditional and local health practice.	LH		
27-5-26	MON	2-4 PM	Dr Shweta S Nayak	Quality control practicals	NLHP	PT L&GD BS	

29-5-26	WED	10-11AM	Dr Shweta S Nayak	Putiloha, traditional and local health practice.	LH	L&PPT DIS	
---------	-----	---------	----------------------	-----------------------------------------------------	----	--------------	--

Shweta

Signature of the Teacher

Shweta

Signature of the HOD

HEAD OF DEPT.
RASA SHASTRI &
BAISHAJYA KALFAN DEPT.

Signature of the Principal

ASHWINI AURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR

DEPARTMENT OF RASASHASTRA & BHAISHAJA KALPANA

TEACHERS TIME TABLE

BATCH- 2023-2024

MONTH: MAY 2026

FACULTY: DR.RASHMI N P

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHODS	REMARK
11/05/2026	Monday	9am-10am	Dr. Rashmi NP	Aushadhi Sevana Marga	LH	Lecture & Group Discussion	
12/05/2026	Tuesday	2pm-4pm	Dr. Rashmi NP	Quality Control Practicals Mineral identification	NLHP	Lecture Group Discussion Demonstration	
16/05/2026	Saturday	10am-11am	Dr. Rashmi NP	Aushadhi Kalpa 2 Identification of different research updates of the given formulations	NLHT	Class Presentation	
18/05/2026	Monday	9am-10am	Dr. Rashmi NP	Aushadhi Sevana Marga	LH	Lecture & PPT	
19/05/2026	Tuesday	2pm-4pm	Dr. Rashmi NP	QC Practical Estimation of Foreign matter Specific Gravity Refractive Index	NLHP	Lecture Lab Demonstration	
21/05/2026	Thursday	4pm-5pm	Dr. Rashmi NP	Aushadhi Prayoga Vignana	LH	Lecture	
25/05/2026	Monday	9am-10am	Dr. Rashmi NP	Aushadhi Sevana Marga	LH	Lecture & PPT	
26/05/2026	Tuesday	2pm-4pm	Dr. Rashmi NP	QC Practical Prepared Dosage Forms Determination of Moisture content, Bhasma & Pusti Pariksha	NLHP	Lab Demonstration	

29/05/2026	Friday	4pm-5pm	Dr. Rashmi NP	Aushadhi Kalpa 2	LH	Lecture & PPT	
30/05/2026	Saturday	10am-11am	Dr. Rashmi NP	Aushadhi Kalpa 2 Identification of different research updates of the given formulations	NLHT	Class Presentation	

Rashmi N.P.

Signature of the Teacher

Signature of the HOD
HEAD OF DEPT
RASA SHASTRA &
BAISHAJYA KALPANA DEPT

**ASHWINI AYURVEDIC MEDICAL COLLEGE AND RESEARCH CENTRE
TUMKUR-572105**

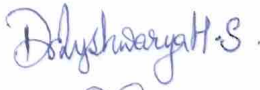
SUB- RASASHASTRA AND BHAISHAJYA KALPANA

TEACHERS TIME TABLE OF MAY - 2026

NAME OF THE FACULTY-Dr. IYSHWARYA H.S
2023-2024 Batch

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHOD	BATCH
12/5/26	Tuesday	9-10 AM	Dr. Iyshwarya H.S	Rasadravya Parichaya - Vyomashma, Sikata varga dravya's	LH	Lesson/PPT	2023-24
13/5/26	Wednesday	2-4 PM	Dr. Iyshwarya H.S	Asava & Arishta Bhaishajya Kalpa III - Drakshasava, Arjunarishta	NLHP	Demonstration	2023-24
15/5/26	Friday	12-1 PM	Dr. Iyshwarya H.S	Rasadravya Parichaya III - Godanti, Sudha varga dravya	NLHT	Group Activity	2023-24
15/5/26	Friday	4-5 pm	Dr. Iyshwarya H.S	Rasadravya Parichaya - Kousheyashma, Sikata varga dravya's	LH	Lesson/PPT	2023-24
19/5/26	Tuesday	9-10 AM	Dr. Iyshwarya H.S	Rasadravya Parichaya - Akika, Sikata varga dravya's	LH	Lesson/PPT	2023-24
20/5/26	Wednesday	2-4 PM	Dr. Iyshwarya H.S	QC - Practical - Bhasma Pariksha	NLHP	Demonstration	2023-24
22/5/26	Friday	12-1 PM	Dr. Iyshwarya H.S	Rasadravya Parichaya III - Samudraphena, Sudha varga dravya	NLHT	Group Activity/Presentation	2023-24
26/5/26	Tuesday	9-10 AM	Dr. Iyshwarya H.S	G.M.P	LH	Lesson/PPT	2023-24
27/5/26	Wednesday	2-4 PM	Dr. Iyshwarya H.S	QC - Practical - Bhasma Pariksha	NLHP	Demonstration	2023-24
29/5/26	Friday	12-1 PM	Dr. Iyshwarya H.S	Rasadravya Parichaya - Agasthi, kukkutanda Twak & Kurmaprushta	NLHT	Group Discussion	2023-24


HEAD OF DEPT
RASA SHASTRA &
BAISHAJYA KALPANA DEPT


11/05/2026

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR

AYU0094

TEACHERS TIME TABLE –MAY 2026

COURSE -2ND YR BAMS

BATCH: 2024-25

ACADEMIC YEAR – 2026-27

NAME OF THE FACULTY: DR SHWETA S NAYAK

DEPARTMENT: RS & BK

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHOD	REMARKS
4-5-26	MON	10-11AM	Dr Shweta S Nayak	Chronological Development Of Rasashastra	LH	L&PPT DIS	
7-5-26	THU	2-4 PM	Dr Shweta S Nayak	Rasasravya Paribhasha	NLHP	DIS GBL REC	
11-5-26	MON	10-11AM	Dr Shweta S Nayak	Rasashala	LH	L&PPT DIS	
14-5-26	THU	9-10AM	Dr Shweta S Nayak	Chronological Development of Rasashastra- Nagarjuna, Text book of Rasashatra	NLHT	DIS ASSIGNMENT PRN	
14-5-26	THU	2-4 PM	Dr Shweta S Nayak	Prakriya paribhasha -swedana- Godanti shodhana, Dhalana-gandhaka shodhana, Nirvapa –Abhraka shodhana	NLHP	DIS D	
14-5-26	THU	4-5PM	Dr Shweta S Nayak	Rasa Linga, Rasarasyana	LH	L&PPT DIS	
18-5-26	MON	10-11AM	Dr Shweta S Nayak	Sandhigda, Anupalabdha, Krutrima, Pratinidhi Dravya Prakriya Paribhasha-Shodhana	LH	L&PPT DIS	
21-5-26	THU	2-4 PM	Dr Shweta S Nayak	Prakriya paribhasha -Dhalana – vanga shodhana Nirvapa- tamra shodhana Swedana –guggulu	NLHP	DIS D	

				shodhana Naijalikarana – Tankana shodhana, kankshi shodhana			
25-5-26	MON	10-11AM	Dr Shweta S Nayak	Prakriya Paribhasha- Marana,	LH	L&PPT DIS	
28-5-26	THU	2-4 PM	Dr Shweta S Nayak	Prakriya paribhasha- Bharjana – Gairika shodhana, hingu shodhana, Nimajjana – vatsanabha shodhana.	NLHP	DIS D	
28-5-26	THU	9-10AM	Dr Shweta S Nayak	1.Paribhasha (Terminology) Shodhana, 2. Amrutikarana, lohitikarana	NLHT	QUIZ, WORD PUZZLE	

Shweta S Nayak

Signature of the Teacher

Shweta S Nayak

Signature of the HOD

HEAD OF DEPT.
RASA SHASTRA &
BAISHAJYA KALPANA DEPT.

Signature of the Principal

TEACHERS TIME TABLE

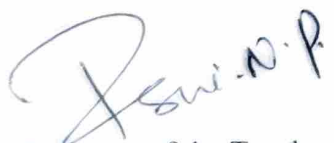
BATCH- 2024-2025

MONTH: MAY 2026

FACULTY: DR.RASHMI N P

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHODS	REMARK
05/05/2026	Tuesday	10am-11am	Dr. Rashmi NP	Recent developments in Aurvedic Pharmaceuticals	LH	Lecture PPT	
07/05/2026	Thursday	9am-10am	Dr. Rashmi NP	Structure Of Pharmacy After visiting Teaching pharmacy in own campus	NLHT	Activity Pharmacy Visit	
08/05/2026	Friday	2pm-4pm	Dr. Rashmi NP	Dravya Paribhasha Maharasa Uparasa	NLHP	Identification , Shloka Recitation	
12/05/2026	Tuesday	10am-11am	Dr. Rashmi NP	Paribhasha & its Impotence	LH	Lecture	
15/05/2026	Friday	2pm-4pm	Dr. Rashmi NP	Drava Paribhasha Sadarana Rasa Prakriya paribhasha Swedana Godanthi Shodana Shankha Shodana	NLHP	Identification , Shloka Recitation Practical Demonstration	
19/05/2026	Tuesday	10am-11am	Dr. Rashmi NP	Pribhasha Kashaya yoni, Samskara	LH	Lecture	
21/05/2026	Thursday	9am-10am	Dr. Rashmi NP	Application Of Weight & Measures	NLHT	Activity Group Discussion	
22/05/2026	Friday	2pm-4pm	Dr. Rashmi NP	Prakriya Paribhasha Swedana Kapardika Shodana Guggulu Shodana	NLHP	Practical Demonstration	
26/05/2026	Tuesday	10am-11am	Dr. Rashmi NP	Mana Paribhasha	LH	Lecture & Group discussion	

29/05/2026	Friday	2pm-4pm	Dr. Rashmi NP	Prakria Paribhasha Dhalana Gandaka Shodana Vanga Shodana Yashada Shodana	NLHP	Practical Demonstration	
------------	--------	---------	---------------	--------------------------------------------------------------------------------------	------	-------------------------	--


Signature of the Teacher

Signature of the HOD
HEAD OF DEPT
RASA SHASTRA &
BAISHAJYA KALPANA DEPT

**ASHWINI AYURVEDIC MEDICAL COLLEGE AND RESEARCH CENTRE
TUMKUR-572105**

SUB- RASASHASTRA AND BHAISHAJYA KALPANA

TEACHER'S TIME TABLE OF MAY 2026

NAME OF FACULTY - Dr. Iyshwarya H.S

BATCH - 2024-2025

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHOD	BATCH
6/5/26	Wednesday	9-10 AM	Dr. Iyshwarya H.S	Paribhasha (Terminology) Prakriya	LH	Lesson/PPT	2024-25
8/5/26	Friday	9-10 AM	Dr. Iyshwarya H.S	Paribhasha (Terminology) Rasadravya vargeekarana Rasa - Parada	NLHT	Presentation /Group Discussion	2024-25
12/5/26	Saturday	2-4 PM	Dr. Iyshwarya H.S	Preparation of Kanji Rasadravya Parichaya	NLHP	Demonstration	2024-25
13/5/26	Wednesday	9-10 AM	Dr. Iyshwarya H.S	Paribhasha Prakriya (Terminology) Maharasa, Uparasas, Sadharana rasa	LH	Lesson/PPT	2024-25
15/5/26	Friday	9-10 AM	Dr. Iyshwarya H.S	Paribhasha (Terminology) Rasadravya vargeekarana with name & chemical composition - Maharasa	NLHT	Presentation /Group Discussion	2024-25
19/5/26	Saturday	2-4 PM	Dr. Iyshwarya H.S	Shodhana samskara of Shanka, Kaparda, Guggulu & Godanti; Nirvapa for Abhraka & Tamra	NLHP	Demonstration	2024-25
16/5/26	Saturday	2-4 PM	Dr. Iyshwarya H.S	Shodhana of Gairika & Hingu; Shodhana samskara - Bharjana	NLHP	Demonstration	2024-25
20/5/26	Wednesday	9-10 AM	Dr. Iyshwarya H.S	Paribhasha Prakriya - Terminology - Dhatus & Upadhatus	LH	Lesson/PPT	2024-25

22/5/26	Friday	9-10 AM	Dr. lyshwarya H.S	Paribhasha Prakriya (Terminology) - Rasadravya vargeekarana, chemical name & formula of Uparasa	NLHT	Presentation /Group Discussion	2024-25
23/5/26	Saturday	2-4 PM	Dr. lyshwarya H.S	Shodhana samskara - Dalana; Ex: Shodhana of Gandhaka and Vanga	NLHP	Demonstration	2024-25
27/5/26	Wednesday	9-10 AM	Dr. lyshwarya H.S	Paribhasha Prakriya (Terminology) - Sudha varga, Sikata varga, Ratna varga, Uparatna varga	LH	Lesson/PPT	2024-25
29/5/26	Friday	9-10 AM	Dr. lyshwarya H.S	Paribhasha Prakriya (Terminology) - Rasadravya vargeekarana, chemical name & formula of Sadharana rasa	NLHT	Group Discussion/Assignment with Submission	2024-25
30/5/26	Saturday	2-4 PM	Dr. lyshwarya H.S	Shodhana samskara - Nirjalikarana Ex: Kankshi & Tankana	NLHP	Demonstration	2024-25


 HEAD OF DEPT.
 RASA SHASTRA &
 BAISHAJYA KALPANA DEPT.

Dr. lyshwarya H.S.



11/05/2026

ASHWINI AYURVEDIC MEDICAL COLLEGE AND RESEARCH CENTRE, TUMKUR

Department of Roganidana

Teacher's Timetable

Batch: 2023–2024 (Sr)

Month: May 2026

Faculty: Dr. Rashmi B. M., Associate Professor

Note: May 1st–10th, 2026: Term II Holidays

Sl. No.	Date	Day	Time	Faculty	Topic	Class (LH/NLH)	Teaching-Learning Method
1	13/05/2026	Wednesday	2:00–4:00 PM	Dr. Rashmi B. M.	Case Discussion – CNS	NLH-P	Case Discussion
2	14/05/2026	Thursday	12:00–1:00 PM	Dr. Rashmi B. M.	Shloka Recitation	NLH-T	Shloka Reading
3	15/05/2026	Friday	10:00–11:00 AM	Dr. Rashmi B. M.	Sthaulya–Karshya	LH	Lecture & PPT
4	19/05/2026	Tuesday	2:00–4:00 PM	Dr. Rashmi B. M.	Case Discussion – CNS	NLH-P (Alternate A-Batch)	Lecture & PPT
5	20/05/2026	Wednesday	2:00–4:00 PM	Dr. Rashmi B. M.	CNS – GCS	NLH-P	Lecture, PPT & Bed Demo
6	21/05/2026	Thursday	12:00–1:00 PM	Dr. Rashmi B. M.	Obesity and Debility – DD	NLH-T	PPT Presentation
7	22/05/2026	Friday	10:00–11:00 AM	Dr. Rashmi B. M.	Obesity and Debility – DD	LH	Lecture & PPT
8	27/05/2026	Wednesday	2:00–4:00 PM	Dr. Rashmi B. M.	OSPE – CNS	NLH-P	OSPE – Bedside Examination
9	28/05/2026	Thursday	—	—	Government Holiday (Bakrid)	—	—
10	29/05/2026	Friday	10:00–11:00 AM	Dr. Rashmi B. M.	Concept of Krimi, Samanya Nidana & Lakshanas	LH	Lecture & PPT



Signature of Faculty

JIC 

HOD
Signature of HOD
Department of Roga Nidana
Ashwini Ayurvedic Medical College
Tumkur

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR 572105

Department of Roga Nidana

Teachers Time Table

Batch – 2023-24

Academic year -2025-2026

Faculty: Dr. Balesh.Bileyali

Month - May-2026

Date	Day	Time	Faculty	Topic	Class	T-L method	Remarks
12/5/2026	Tuesday	2pm-4pm	Dr. Balesh. Bileyali	ECG	NLH practical	Lecture & demonstration	
14/5/2026	Thursday	11am-12pm	Dr. Balesh. Bileyali	Amavata	LH	Lecture & Discussion	
19/5/2026	Tuesday	2pm-4pm	Dr. Balesh. Bileyali	ECG	NLH practical	Lecture & demonstration	
21/5/2026	Thursday	11am-12pm 12pm-1pm	Dr. Balesh. Bileyali	Amavata Amavata	LH NLHT	Lecture & Discussion Lecture & Discussion	
26/4/2026	Tuesday	2pm-4pm	Dr. Balesh. Bileyali	X ray	NLH practical	Lecture & demonstration	

28/5/2026	Thursday	11am-12pm	Dr. Balesh. Bileyali	Amavata	LH	Lecture	
-----------	----------	-----------	-------------------------	---------	----	---------	--



Signature of HOD



Signature of staff

HOD
Department of Rogga Nidana
Ashwini Ayurvedic Medical College
Tumkur

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD, MARALURU, TUMAKURU

Department of Roga Nidana evam Vikriti Vigyan

Teacher's timetable

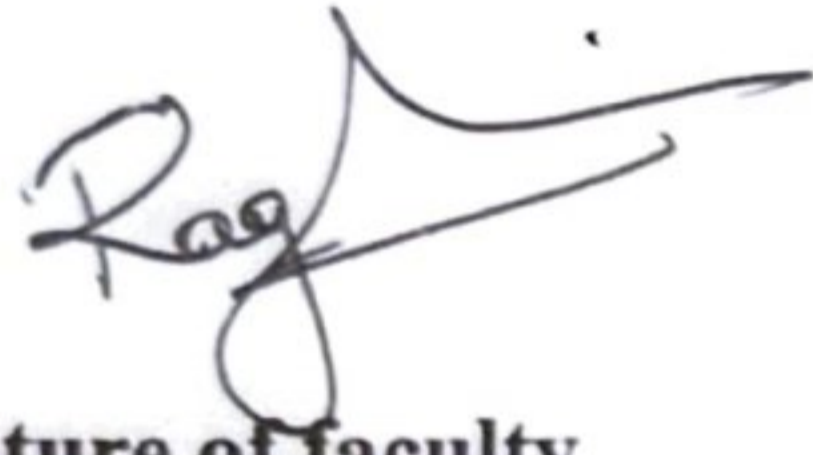
Name : Dr Raghavi Rajan B R

Batch 2023-24

May 2026

Sl no.	Date	Day	Time	Faculty name	Topic	Class LH/NLH	T L Method	Remark
1	13/05/2026	Wednesday	11-12PM	Dr Raghavi Rajan B R	Prameha – introduction, nidana, samprapti, bheda	LH	L-PPT	
2	15/05/2026	Friday	10-11AM	Dr Raghavi Rajan B R	Prameha – Lakshana and sadya sadhyata	LH	L-PPT	
3	16/05/2026	Saturday	2-4PM	Dr Raghavi Rajan B R	Musculoskeletal examination – symptomatology	NLH-P	L-PPT, D-BED	
4	16/05/2026	Saturday	4-5PM	Dr Raghavi Rajan B R	Diabetes mellitus – definition clinical features	NLH-T	L-PPT	
5	22/05/2026	Friday	10-11AM	Dr Raghavi Rajan B R	Visarpa- nidana, samprati bheda	LH	L-PPT	
6	23/05/2026	Saturday	2-4PM	Dr Raghavi Rajan B R	Musculoskeletal examination – spine examination	NLH-P	L-PPT D-BED	
7	23/05/2026	Saturday	4-5PM	Dr Raghavi Rajan B R	Shloka recitation	NLH-T	L-PPT	
8	27/05/2026	Wednesday	11-12PM	Dr Raghavi Rajan B R	Visarpa Lakshana	LH	L-PPT	

9	29/05/2026	Friday	10-11AM	Dr Raghavi Rajan B R	Kusta – nirukti , nidana samprapti	LH	L-PPT	
10	30/05/2026	Saturday	2-4PM	Dr Raghavi Rajan B R	Musculoskeletal examination – knee joint	NLH-P	L-PPT D-BED	
11	30/05/2026	Saturday	4-5PM	Dr Raghavi Rajan B R	Difference between kusta and visarpa	NLH-T	L-PPT DIS	



Signature of faculty



Signature of HOD
HOD
Department of Rogha Nidana
Ashwini Ayurvedic Medical College
Tumkur

ASHWINI AYURVEDIC MEDICAL COLLEGE, RING ROAD, MARALURU, TUMAKURU**Department of Roga Nidana & Vikruti Vigyana****Teacher's Timetable****Batch: 2024–2025 (Jr Batch)****Month: MAY 2026****Teacher: Dr. Rashmi B M, Associate Professor**

Sl. No.	Date	Day	Time	Faculty	Topic	Class LH/NLH	T-L Method
1	05/05/2026	Tuesday	12:00–1:00 PM	Dr. Rashmi B M	Vruddhi Lakshanas – Vata	NLH-T	Shloka Recitation, Writing
	05/05/2026	Tuesday	4:00–5:00 PM	Dr. Rashmi B M	Introduction to Roga Nidana, Definition of Pathology & Branches	LH	Lecture & PPT
2	07/05/2026	Thursday	11:00–12:00 PM	Dr. Rashmi B M	Concept of Prakopa – Definition, Samanya Lakshanas, Samanya Nidanas of Tridosha Prakopa	LH	Lecture & PPT
3	08/05/2026	Friday	2:00–4:00 PM	Dr. Rashmi B M	Introduction to Laboratory, Essentials & Safety Measures	NLH-P	Lecture & PPT
4	12/05/2026	Tuesday	12:00–1:00 PM	Dr. Rashmi B M	Kshaya Lakshanas – Vata	NLH-T	Shloka Recitation, Writing
5	14/05/2026	Thursday	11:00–12:00 PM	Dr. Rashmi B M	Samanya Nidanas of Kapha Prakopa & Tridosha Samanya Prakopa Karma/Lakshanas	LH	Lecture & PPT
6	15/05/2026	Friday	2:00–4:00 PM	Dr. Rashmi B M	Bedside Instruments – Common Uses, Parts & Clinical Applications	NLH-P	Lecture & PPT
7	19/05/2026	Tuesday	12:00–1:00 PM	Dr. Rashmi B M	Vruddhi Kshaya Lakshanas – Pitta & Kapha	NLH-T	Shloka Recitation, Writing
8	21/05/2026	Thursday	11:00–12:00 PM	Dr. Rashmi B M	Introduction to Concept of Ama, Definitions & Samanya Ama Nidanas and	LH	Lecture & PPT

Sl. No.	Date	Day	Time	Faculty	Topic	Class LH/NLH	T-L Method
					Lakshanas		
9	22/05/2026	Friday	2:00-4:00 PM	Dr. Rashmi B M	Ward Ethics & History Taking	NLH-P	Lecture & PPT
10	26/05/2026	Tuesday	12:00-1:00 PM	Dr. Rashmi B M	Vruddhi Kshaya Lakshanas - Rasa, Rakta, Mamsa, Meda	NLH-T	Shloka Recitation
	26/05/2026	Tuesday	4:00-5:00 PM	Dr. Rashmi B M	Prakopa Definitions & Samanya Lakshanas, Samanya Tridosha Prakopa Karanas	LH	Shloka Recitation
11	28/05/2026	Thursday	—	—	BAKRID - GOVT. HOLIDAY	—	—
12	29/05/2026	Friday	2:00-4:00 PM	Dr. Rashmi B M	Ward Ethics & History Taking	NLH-P	Lecture & PPT



Signature of Faculty



Signature of HOD/UG

Department of Roga Nidana
Ashwini Ayurvedic Medical College
Tumkur

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD, MARALURU, TUMAKURU

Department of Roga Nidana evam Vikriti Vigyan

Teacher's timetable

Name : Dr Raghavi Rajan B R


Batch 2024-25

May 2026

Sl no.	Date	Day	Time	Faculty name	Topic	Class LH/NLH	T L Method	Remark
1	4/05/2026	Monday	11-12PM	Dr Raghavi Rajan B R	Darshanadi trividha Pareeksha	LH	L-PPT	
2	7/05/2026	Thursday	2-4PM	Dr Raghavi Rajan B R	History taking	NLH-P	L-PPT D-BED	
3	8/05/2026	Friday	12-1PM	Dr Raghavi Rajan B R	Trivida Pareeksha – bedside assessment	NLH-T	L-PPT DIS	
4	11/05/2026	Monday	11-12PM	Dr Raghavi Rajan B R	Charakoktha trividha pareeksha	LH	L-PPT	
5	12/05/2026	Tuesday	4-5PM	Dr Raghavi Rajan B R	Shadvidha parreksha	LH	L-PPT	
6	14/05/2026	Thursday	2-4PM	Dr Raghavi Rajan B R	History taking – personal history family history etc	NLH-P	L-PPT D-BED	
7	15/05/2026	Friday	12-1PM	Dr Raghavi Rajan B R	Astasthana Pareeksha	NLH-T	L-PPT	
8	18/05/2026	Monday	11-12PM	Dr Raghavi Rajan B R	Astasthana Pareeksha- mutra pareksha	LH	L-PPT	
9	21/05/2026	Thursday	2-4PM	Dr Raghavi Rajan B R	General examination	NLH-P	L-PPT D-BED	

10	22/05/2026	Friday	12-1PM	Dr Raghavi Rajan B R	Dashavidha Pareeksha – introduction parkruti & vikruti	NLH-T	L-PPT	
11	25/05/2026	Monday	11-12PM	Dr Raghavi Rajan B R	Dashavidha Pareeksha – sara samhana etc	LH	L-PPT	
12	26/05/2026	Tuesday	4-5PM	Dr Raghavi Rajan B R	Dashavidha Pareeksha – bala vaya etc	LH	L-PPT	
13	28/05/2026	Thursday	2-4PM	Dr Raghavi Rajan B R	General examination	NLH-P	L-PPT D-BED	
14	29/05/2026	Friday	12-1PM	Dr Raghavi Rajan B R	Dashavidha Pareeksha – bedside assement	NLH-T	L-PPT DIS	


Signature of faculty


Signature of HOD
HOD
Department of Roga Nidana
Ashwini Ayurvedic Medical College
Tumkur

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR 572105

Department of Roga Nidana

Teachers Time Table

Batch – 2024-25

Academic year -2026-2027

Faculty: Dr. Balesh Bileyali

Month - May-2026

Date	Day	Time	Faculty	Topic	Class	T-L method	Remarks
4/5/2026	Monday	2pm-4pm	Dr. Balesh. Bileyali	History taking	NLH practical	Lecture & demonstration	
8/5/2026	Friday	12pm- 1pm	Dr. Balesh. Bileyali	Nidana panchaka	NLHT	Lecture & Discussion	
11/5/2026	Monday	2pm-4pm	Dr. Balesh. Bileyali	History taking	NLH practical	Lecture & Discussion	
16/5/2026	Saturday	12pm- 1pm	Dr. Balesh. Bileyali	Nidana panchaka	LH	Lecture	
18/5/2026	Monday	2pm-4pm	Dr. Balesh. Bileyali	History taking	NLH practical	Lecture & Discussion	

22/5/2026	Friday	12pm- 1pm	Dr. Balesh. Bileyali	Nidana panchaka	NLHT	Lecture & Discussion	
25/5/2026	Monday	2pm-4pm	Dr. Balesh. Bileyali	History taking	NLH practical	Lecture & Discussion	
30/5/2026	Saturday	12pm- 1pm	Dr. Balesh. Bileyali	Nidana panchaka	LH	Lecture	



Signature of HOD



Signature of staff

HOD
Department of Roga Nidana
Ashwini Ayurvedic Medical College
Tumkur

**ASHWINI AYURVEDIC MEDICAL COLLEGE AND RESEARCH CENTRE
TUMKUR**

TEACHERS TIMETABLE

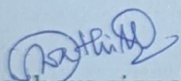
Batch : 2023-24

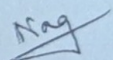
Name of the staff : Dr.Swathi M Somayaji

MAY 2026

DATE	DAY	TIME	TOPIC	CLASS	TL METHOD
13/05/26	Wednesday	4-5pm	Describe the health administration including AYUSH at the Central, State, District, and Village levels	NLH-Theory	Discussion /L-VC
15/05/26	Friday	2-4pm	Conduct minimum 05 Family surveys using structured questionnaire in specific rural populations and report the survey finding and discuss possible solutions to the family	NLH-Practical	ECE
16/05/26	Saturday	9-10am	POSH committee session from 9-9.20 am ; Health administration introduction	Lecture hour	L&PPT
18/05/26	Monday	11-12pm	Health administration : Describe the health administration including AYUSH at the Central, State, District, and Village levels	Lecture hour	L&PPT
22/05/26	Friday	2-4pm	Conduct minimum 05 Family surveys using structured questionnaire in specific urban populations and report the survey finding and discuss possible solutions to the family	NLH-Practical	ECE

23/05/26	Saturday	9-10am	Health administration : Describe the health administration including AYUSH at the Central, State, District, and Village levels	Lecture hour	L-VC & DIS
27/05/26	Wednesday	4-5pm	Vital statistics ; Understanding of Registration of Birth and Death Act, 1969	NLH-Theory	Discussion
29/05/26	Friday	2-4pm	Conduct minimum 05 Family surveys using structured questionnaire in specific urban populations and report the survey finding and discuss possible solutions to the family	NLH-Practical	ECE
30/05/26	Saturday	9-10am	Define Vital Statistics. Enumerate the sources of Vital statistics Describe Fertility , Morbidity and Mortality rates	Lecture hour	L&PPT


Teachers signature


Signature of HOD
H.O.D.
Dept. OF SWASTHA VEDITA & YOGA
ASHIPANI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

**ASHWINI AYURVEDIC MEDICAL COLLEGE AND
RESEARCH CENTRE**

MARALURU, RING ROAD, TUMKUR, KARNATAKA 572105

TEACHER'S TIMETABLE

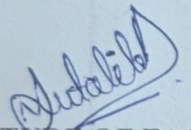
Faculty – Dr. Vaishnavi Mutalikdesai

Month – May 2026

Batch – 2023-24

DATE	DAY	TIME	TOPIC	CLASS	T-L METHOD
11-05-26	Monday	11-12 pm	Emerging and re-emerging diseases.	LH	L&G D
12-05-26	Tuesday	12-1 pm	Role of Ayurveda in the prevention and control with recent research updates of Lifestyle diseases such as DM, Obesity, Coronary artery disease (CAD) and Cancer	LH	L&PP T,D_ BED
16-05-26	Saturday	2-4 pm	Conduct minimum 05 Family surveys using structured questionnaire in specific rural populations and report the survey finding and discuss possible solutions to the family	NLH- Practica I	ECE
19-05-26	Tuesday	12-1 pm	Explain Epidemiological determinants, brief pathology ,transmission, incubation period , clinical features, diagnosis and preventive measures of Influenza	LH	L&G, EDU, D_ BED
20-05-26	Wednesday	4-5 pm	Explain Epidemiological determinants, brief pathology ,transmission, incubation period , clinical features, diagnosis and preventive measures of Covid-19	NLH- Theory	L&G, EDU, D_ BED
23-05-26	Saturday	2-4 pm	Conduct minimum 05 Family surveys using structured questionnaire in specific Urban populations and report the survey	NLH- Practica I	ECE

			finding and discuss possible solutions to the family		
25-05-26	Monday	11-12 pm	Explain Epidemiological determinants, brief pathology ,transmission, incubation period , clinical features, diagnosis and preventive measures of Influenza	LH	L&G D
26-05-26	Tuesday	12-1 pm	Explain Epidemiological determinants, brief pathology ,transmission, incubation period , clinical features, diagnosis and preventive measures of Leprosy	LH	L&G, EDU, D_ BED
30-05-26	Saturday	2-4 pm	Conduct minimum 05 Family surveys using structured questionnaire in specific Urban populations and report the survey finding and discuss possible solutions to the family	NLH-Practical	ECE


SIGNATURE OF FACULTY


SIGNATURE OF HOD

H.O.D.
Dept. OF SWASTHAVRITTA & YOGA
ASHWINI AYURVEDIC MEDICAL C
TUMKUR-572100

Ashwini Ayurvedic Medical College and Research Centre, Tumkur

TEACHER'S TIME TABLE MAY 2026

Name of the Faculty: Dr Rajendra H.M.
Subject: Agadatantra evam vidhivaidyaka
Class: II Professional BAMS
Batch: 2024-25

DATE	DAY	TIME	TOPIC	CLASS	T-L METHOD	REMARKS
02-05-2026	Saturday	2-4 p.m	Legal Procedures	NLHP	D	
04-05-2026	Monday	9-10 a.m	Forensic medicine	LH	L & PPT	
05-05-2026	Tuesday	11-12 p.m	Vaidya Sadvritta	LH	L & PPT	
06-05-2026	Wednesday	10-11 a.m	Vaidya Sadvritta	NLHT	DIS	
06-05-2026	Wednesday	2-4 p.m	Legal Procedures	NLHP	D	
09-05-2026	Saturday	4-5 p.m	Vaidya Sadvritta	LH	L & PPT	
11-05-2026	Monday	9-10 a.m	Vaidya Sadvritta	LH	L & PPT	
13-05-2026	Wednesday	2-4 p.m	Vaidya Sadvritta	NLHP	D	
16-05-2026	Saturday	2-4 p.m	Legal Procedures	NLHP	D	
18-05-2026	Monday	9-10 a.m	Vaidya Sadvritta	LH	L & PPT	
19-05-2026	Tuesday	11-12 p.m	Vaidya Sadvritta	LH	L & PPT	
20-05-2026	Wednesday	10-11 a.m	Vaidya Sadvritta	NLHT	DIS	
20-05-2026	Wednesday	2-4 p.m	Legal Procedures	NLHP	D	
23-05-2026	Saturday	4-5 p.m	Legal Procedures	NLHP	D	
25-05-2026	Monday	9-10 a.m	Vaidya Sadvritta	LH	L & PPT	
27-05-2026	Wednesday	2-4 p.m	Legal Procedures	NLHP	D	
30-05-2026	Saturday	2-4 p.m	Legal Procedures	NLHP	D	



H. O. D.
Dept. of Agada Tantra
Ashwini Ayurvedic Medical College,
Tumkur.

Ashwini Ayurvedic Medical College and Research Centre, Tumkur

TEACHER'S TIME TABLE MAY 2026

Name of the Faculty: Dr Rajendra H.M.

Subject: Agadatantra evam vidhivaldyaka

Class: II Professional BAMS

Batch: 2023-24

DATE	DAY	TIME	TOPIC	CLASS	T-L METHOD	REMARKS
11-05-2026	Monday	12-1 p.m	Introduction to Krtrima visha	NLHT	D	
11-05-2026	Monday	2-4 p.m	Sthavara visha	NLHP	D	
12-05-2026	Tuesday	4-5 p.m	Parents-Teachers Meeting	-----	-----	
14-05-2026	Thursday	9-10 a.m	Kritrima visha- Inorganic acids	LH	L&PPT	
15-05-2026	Friday	2-4 p.m	Sthavara visha	NLHP	D	
16-05-2026	Saturday	12-1 p.m	Kritrima visha- Alkalies	LH	L&PPT	
18-05-2026	Monday	2-4 p.m	Kritrima visha	NLHP	D	
19-05-2026	Tuesday	4-5 P.M.	Kritrima visha- Asphyxiants	LH	L&PPT	
21-05-2026	Thursday	9-10 a.m	Kritrima visha-Non-metallic poison	LH	L&PPT	
22-05-2026	Friday	2-4 p.m	Kritrima visha	NLHP	D	
25-05-2026	Monday	12-1 p.m	Kritrima visha	NLHT	T-EW	
25-05-2026	Monday	2-4 p.m	Kritrima visha	NLHP	D	
29-05-2026	Friday	2-4 p.m	Kritrima visha	NLHP	D	
30-05-2026	Saturday	12-1 p.m	Kritrima visha- Agrochemical poison	LH	L&PPT	


H. O. D.
Dept. of Agada Tantra
Ashwini Ayurvedic Medical College,
Tumkur.

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR 572105

Department of Agadatantra

Teachers Time Table

Batch – 2023-24

Academic year -2025-2026

Faculty : Dr Deepa karikatti

Month -May 2026

Date	Day	Time	Faculty	Topic	Class	T-L method	Remarks
5/5/2026	Thrusday	2-4pm	Dr Deepa karikatti	STHAVARA VISHA: Gunja visha	NLHP	D	conducted
10/5/2026	Tuesday	4-5pm	Dr Deepa karikatti	STHAVARA VISHA: Bhallataka	LH	L&PP T	
12/5/26	Thrusday	2-4pm	Dr Deepa karikatti	Bhallataka	NLHP	D	
14/5/2026	Saturday	12-1pm	Dr Deepa karikatti	STHAVARA VISHA: Arka and snuhi	LH	L&PP T	
19/5/2026	Thrusday	2-4pm	Dr Deepa karikatti	STHAVARA VISHA Arsenic,	NLHP	DM	
23/5/2026	Monday	12-1pm	Dr Deepa karikatti	STHAVARA VISHA langali.	NLH Theory	L&PP T	

26/5/2026	Thursday	2-4pm	Dr Deepa karikatti	STHAVARA VISHA copper	NLHP	DM	
28/5/2026	Saturday	12-1pm	Dr Deepa karikatti	STHAVARA VISHA Arsenic	LH	L&PP T	



Signature of HOD

Dr Rajendra H.M

H. O. D.
Dept. of Agada Tantra
Ashwini Ayurvedic Medical College,
Tumkur.



Signature of staff

Dr. Deepa karikatti

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR 572105

Department of Agadatantra

Teachers Time Table

Batch – 2024-25

Academic year -2026-2027

Faculty : Dr Deepa karikatti

Month - MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L method	Remarks
5/5/26	Tuesday	11-12pm	Dr Deepa karikatti	Introduction to agada tantra syllabus point discussion	LH	L, PPT discussion	
12/5/26	Tuesday	11-12pm	Dr Deepa karikatti	Introduction to agada tantra syllabus point discussion	LH	L, PPT	
12/5/26	Tuesday	2-4 pm	Dr Deepa karikatti	Concepts of Clinical Toxicology, Agada Tantra and Clinical Toxicology.	NLH Practical	L, PPT discussion	
13/5/26	Wednesday	10-11 am	Dr Deepa karikatti	Scope of Agada Tantra.	NLHT	L, PPT discussion	
16/5/26	Saturday	4-5pm	Dr Deepa karikatti	Definition of visha and poison, synonyms,	LH	L, PPT	

19/5/26	Tuesday	2-4 pm	Dr Deepa karikatti	Medical certificates	NLH Practical	Demonstration, & discussion	
26/5/26	Tuesday	11-12pm	Dr Deepa karikatti	Vishavargeekaran	LH	L, PPT	
27/5/26	Wednesday	10-11AM	Dr Deepa karikatti	Vishautpatti	NLHT	Group discussion	
30/5/26	Saturday	4-5PM	Dr Deepa karikatti	Vishaclassification	LH	L, PPT	

Signature of HOD

Dr Rajendra H.M

H. O. D.
Dept. of Agada Tantra
Ashwini Ayurvedic Medical College,
Tumkur.

Signature of staff

Dr. Deepa karikatti

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU, TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr. Rajashekhar C V

Department: Kayachikitsa

BAMS(Jnr)Batch: 2022-23

Academic Year: 2026-27

Professional: 3rd Year

Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method
13/05/2026	Wednesday	11-01PM	Dr Rajashekhar C V	Case Discussion - Vatavyadhi	NLHP	DBED
16/05/2026	Saturday	09-10AM	Dr Rajashekhar C V	Chiikitsa sutra and Chikitsa Yojana of Vishwachi	LH	L&PPT
18/05/2026	Monday	11-01PM	Dr Rajashekhar C V	Case Discussion - Vatavyadhi	NLHP	DBED
23/05/2026	Saturday	09-10AM	Dr Rajashekhar C V	Chiikitsa sutra and Chikitsa Yojana of Apabahuka	LH	L&PPT
27/05/2026	Wednesday	11-01PM	Dr Rajashekhar C V	Case Discussion - Vatavyadhi	NLHP	DBED
30/05/2026	Saturday	09-10AM	Dr Rajashekhar C V	Chiikitsa sutra and Chikitsa Yojana of khanja, kalaya khanja pangu	LH	L&PPT

SIGNATURE OF THE FACULTY

SIGNATURE OF THE HOD

H.O.D.

DEPT. OF P. G. STUDIES IN KAYACHIKITSA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMAKURU

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr. Rakesh H R

Department: Kayachikitsa

Batch: 2021-22

Academic Year: 2025-26

Professional: 3rd Year BAMS(Sn)

Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method
2/5/2026	Saturday	2-4PM	Dr. Rakesh H R	Demonstrate the Chikitsa yojana & prepare case record in cases of given Udakavaha srotas vikara after performing relevant clinical examination	NLHP	D-BED
5/5/2026	Tuesday	10-11AM	Dr. Rakesh H R	Describe the Samprapti vighatana, Chikitsa and Aushadha yoga of Vankshana lasika granthikanarbud (Lymphomagranuloma Inguinale), Phirangiya vrana (Soft Chancroid) and Visarpa (Herpes Simplex) (SN4T).	LH	L&PPT
11/5/2026	Monday	4-5PM	Dr. Rakesh H R	Construct chikitsa yojana of Udara roga & Jalodara	NLHT	Class Presentation
12/5/2026	Tuesday	10-11AM	Dr. Rakesh H R	Recall the principles of Vajikarana & summarize its need along with benefits	LH	L&PPT
13/5/2026	Wednesday	2-4PM	Dr. Rakesh H R	Demonstrate the Chikitsa yojana & prepare case record in cases of given Udakavaha srotas vikara after performing relevant clinical examination	NLHP	D-BED
19/5/2026	Tuesday	10-11AM	Dr. Rakesh H R	State the Therapeutic benefits of individual herbs in Shukra janana mahakashaya & Shukra shodhaka mahakashaya for the treatment of male/female Infertility	LH	L&PPT
23/5/2026	Saturday	2-4PM	Dr. Rakesh H R	Demonstrate a short case on Kshudra roga and write an OPD prescription of the diagnosed case.	NLHP	D-BED

26/52026	Tuesday	10-11AM	Dr. Rakesh H R	Classify the Phalashruti, Sevana kala, Matra & Anupana of the following Aushadha Kalpana Siddha makardwajam, Jatiphala, di vati, Amrita bhallataka	LH	L&PPT
----------	---------	---------	----------------	----------------------------------------------------------------------------------------------------------------------------------------------------	----	-------



SIGNATURE OF THE FACULTY



SIGNATURE OF THE HOD

DEPT. OF P. & S. STUDIES IN KAYACHIKITSA
ADWITIYAPURVINO MEDICAL COLLEGE
TUMKUR

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr. Rakesh H R

Department: Kayachikitsa

Batch: 2022-23

Academic Year: 2026-27

Professional: 3rd Year BAMS(Jnr)

Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method
4/5/2026	Monday	10-11AM	Dr. Rakesh H R	Introduction to Vatavyadhis	LH	L&PPT
9/5/2026	Saturday	11-1PM	Dr. Rakesh H R	Demonstrate the Chikitsa yojana & prepare case record in cases of Vatavyadhi after performing relevant contemporary and Ayurveda clinical examination.	NLHP	D-BED
11/5/2026	Monday	10-11AM	Dr. Rakesh H R	Explain the Samprapti vighatana, Chikitsa sutra, Chikitsa of Pakshaghata(SK22)	LH	L&PPT
18/5/2026	Monday	10-11AM	Dr. Rakesh H R	Substantiate Pakshagata Virechana	LH	L&PPT
20/5/2026	Wednesday	11-1PM	Dr. Rakesh H R	Demonstrate the Chikitsa yojana & prepare case record in cases of Vatavyadhi after performing relevant contemporary and Ayurveda clinical examination.	NLHP	D-BED
25/5/2026	Monday	10-11AM	Dr. Rakesh H R	Explore the Chikitsa Yojana including Rasayana & Pathyaapathya of Ekangavata, Sarvanga vata & Sarvanga roga	LH	L&PPT
30/5/2026	Saturday	11-1PM	Dr. Rakesh H R	Demonstrate the Chikitsa yojana & prepare case record in cases of Vatavyadhi after performing relevant contemporary and Ayurveda clinical examination.	NLHP	D-BED

SIGNATURE OF THE FACULTY

SIGNATURE OF THE HOD

H.O.D.

DEPT. OF P. G. STUDIES IN KAYACHIKITSA

ASHWINI AYURVEDIC MEDICAL COLLEGE

TUMKUR

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE
RING-ROAD, MARALURU, TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr Annapoorna S
Department: Kayachikitsa
Batch – 2021-22

Academic Year: 2025-26
Professional: 3rd Year BAMS
Month: May 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method	Remarks
04/05/2026	Monday	02-04PM	Dr Annapoorna S	Case Discussion – Skin Disorder	NLHP	D BED	Completed
06/5/2026	Wednesday	12-01PM	Dr Annapoorna S	Kshudra roga integrated Session	LH	L&PPT	Completed
13/05/2026	Wednesday	12-01PM	Dr Annapoorna S	Prameha chikitsa sutra, chikitsa yojana	LH	L&PPT	
20/05/2026	Wednesday	12-01PM	Dr Annapoorna S	Pathya Apathya in Prameha	LH	L&PPT	
25/05/2026	Monday	02-04PM	Dr Annapoorna S	Case Discussion – Skin Disorder	NLHP	D BED	
27/05/2026	Wednesday	12-01PM	Dr Annapoorna S	Plan the treatment According to Status of Ojus in Madhumeha	LH	L&PPT	



SIGNATURE OF THE FACULTY



SIGNATURE OF THE HOD

H.O.D.
DEPT. OF P. & S. STUDIES IN KAYACHIKITSA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMAKURU

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE
RING-ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr Annapoorna S
Department: Kayachikitsa
Batch – 2022-23

Academic Year: 2026-27
Professional: 3rd Year BAMS
Month: May 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method	Remarks
07/05/2026	Thursday	11-01PM	Dr Annapoorna S	Case Discussion – Vatavyadhi	NLHP	D BED	Completed
08/05/2026	Friday	10-11 AM	Dr Annapoorna S	Introduction to Kayachikitsa	LH	L&PPT	Completed
14/05/2026	Thursday	11-01PM	Dr Annapoorna S	Case Discussion – Vatavyadhi	NLHP	D BED	
15/05/2026	Friday	10-11 AM	Dr Annapoorna S	Nirukti Paryaya and Bheda of Kaya, Chikitsa and Kayachikitsa	LH	L&PPT	
22/05/2026	Friday	10-11 AM	Dr Annapoorna S	Snayugatavata	LH	L&PPT	
23/05/2026	Saturday	11-01PM	Dr Annapoorna S	Case Discussion – Vatavyadhi	NLHP	D BED	
29/05/2026	Friday	10-11 AM	Dr Annapoorna S	Gridhrasi Chikitsa	LH	L&PPT	
29/05/2026	Friday	04-05PM	Dr Annapoorna S	Advice Appropriate Chikitsa to Simulated Case	NLHT	Role Play	



SIGNATURE OF THE FACULTY



SIGNATURE OF THE HOD

H.O.D.
DEPT OF P.G. STUDIES IN KAYACHIKITSA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMAKURU

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr. Mundkur Ramitha

Department: Kayachikitsa

BAMS(Sn)Batch: 2021-22

Academic Year: 2025-26

Professional: 3rd Year

Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method
6/05/2026	wednesday	2-4pm	Dr.Mundkur Ramitha	Case discussion of Udakavaha srotas Disorders	NLHP	D-BED
6/05/2026	wednesday	4-5pm	Dr.Mundkur Ramitha	Appraise Chikitsa sutra and Samprapti vighatana of Ekdesheeya roga with a treatment algorithm according to its stages of Shadkriyakala and appropriate plan of Shadvidhopakrama & Doshopakrama	LH	L&PPT
13/05/2026	wednesday	4-5pm	Dr.Mundkur Ramitha	Chikitsa yojana and chikitsa sutra of mootraghata	LH	L&PPT
16/05/2026	saturday	2-4pm	Dr.Mundkur Ramitha	Case discussion of Udakavaha srotas Disorders	NLHP	D-BED
18/05/2026	monday	4-5PM	Dr.Mundkur Ramitha	Construct Chikitsa yojana for Samprapti vighatana of Mootraghaata roga	NLHT	L&PPT ,L&GD
20/05/2026	wednesday	4-5pm	Dr.Mundkur Ramitha	Neoplasm-chemotherapy and radiotherapy sand treatment aspect with respect to anukta roga chikitsa	LH	L&PPT
27/05/2026	wednesday	4-5pm	Dr.Mundkur Ramitha	Arbuda-chikitsa yojana, apachi chikitsa yojana and chikitsa	LH	L&PPT
27/05/2026	wednesday	2-4pm	Dr.Mundkur Ramitha	Case discussion of Udakavaha srotas Disorders	NLHP	D-BED

SIGNATURE OF THE FACULTY



SIGNATURE OF THE HOD

DEPT. OF P. G. STUDIES IN KAYACHIKITSA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMAKURU

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr. Mundkur Ramitha

Department: Kayachikitsa

BAMS(Jnr)Batch: 2022-23

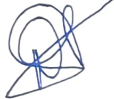
Academic Year: 2026-27

Professional: 3rd Year

Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method
02/05/2026	Saturday	11-1pm	Dr.Mundkur Ramitha	Vatavyadhi clinical examination	NLHP	D-BED
9/05/2026	saturday	9-10am	Dr.Mundkur Ramitha	Padadaha and padaharsha-samprapti ghataka and chikitsa yojana	LH	L&PPT
11/05/2026	monday	11-1pm	Dr.Mundkur Ramitha	CASE DISCUSSION-GRIDRASI	NLHP	D-BED
12/05/2026	tuesday	4-5pm	Dr.Mundkur Ramitha	Padadaha and padaharsha-samprapti ghataka and chikitsa yojana	LH	L&PPT
13/05/2026	wednesday	3-4pm	Dr.Mundkur Ramitha	manyasthambha samprapti ghataka and chikitsa yojana	LH	L&PPT
19/05/2026	tuesday	4-5pm	Dr.Mundkur Ramitha	jihvasthantha samprapti ghataka and chikitsa yojana	LH	L&PPT
22/05/2026	friday	4-5pm	Dr.Mundkur Ramitha	Discuss the Samprapti Vighatana, Chikitsasutra and Chikitsa of Udavarta(SM35) & Construct the Chikitsayojana including Rasayana and Pathyaapathya	NLHT	LS,DIS,TBL
25/05/2026	Monday	11-1am	Dr.Mundkur Ramitha	Clinical case taking and discussion-vatavyadhi	NLHP	
26/05/2026	tuesday	4-5pm	Dr.Mundkur Ramitha	Jwara introduction	LH	L&PPT

SIGNATURE OF THE FACULTY



SIGNATURE OF THE HOD

H.O.D.

DEPT. OF P. G. STUDIES IN KAYACHIKITSA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMAKURU

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr. Nithyashree K

Department: Kayachikitsa

Batch: 2022-23

Academic Year: 2026-27

Professional: 3rd Year BAMS(Jnr)

Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method
5/5/2026	Tuesday	4-5PM	Dr. Nithyashree K	Describe the Chikitsa and the role of Shodhana in Upastambhita vata.	LH	L&PPT
6/5/2026	Wednesday	3-4PM	Dr. Nithyashree K	Outline Samprapti vighatana, Chikitsa sutra ,Chikitsa of Kaphavruta vata, Medogatavata and Medoavruta vata	LH	L&PPT
6/6/2026	Wednesday	11-1PM	Dr. Nithyashree K	Demonstrate the Chikitsa yojana & prepare case record in cases of Vatavyadhi after performing relevant contemporary and Ayurveda clinical examination.	NLHP	D-BED
13/5/2026	Wednesday	3-4PM	Dr. Nithyashree K	Describe the management of Agantuja jvara	LH	L&PPT
15/5/2026	Friday	4-5PM	Dr. Nithyashree K	Discuss the Chikitsa sutra of Gata vata	NLHT	Class presentation
16/5/2026	Wednesday	3-4PM	Dr. Nithyashree K	Demonstrate the Chikitsa yojana & prepare case record in cases of Vatavyadhi after performing relevant contemporary and Ayurveda clinical examination.	NLHP	D-BED
20/5/2026	Wednesday	3-4PM	Dr. Nithyashree K	Revision of Nirupastambhit vata, Upastambhitha vata, Kaphavruta vata, Medogatavata and Medoavruta vata Chikitsa	LH	L&PPT
27/5/2026	Wednesday	3-4PM	Dr. Nithyashree K	Prescribe the Pathyapathya and Rasayana in the management of Jvara	LH	L&PPT


SIGNATURE OF THE FACULTY


SIGNATURE OF THE HOD

H.O.D.

DEPT. OF P. & S. STUDIES IN KAYACHIKITSA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMAKURU

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr. Nithyashree K

Department: Kayachikitsa

Batch: 2021-22

Academic Year: 2025-26

Professional: 3rd Year BAMS(Sn)

Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method
4/5/2026	Monday	4-5PM	Dr. Nithyashree K	Construct Chikitsa yojana for Shotha roga.	NLHT	Class presentation
7/5/2026	Thursday	9-10AM	Dr. Nithyashree K	Describe Samprapti vighatana, Chikitsa sutra, Chikitsa yojana along with Pathyaapathya of Sthoulya	LH	L&PPT
7/5/2026	Thursday	2-4PM	Dr. Nithyashree K	Demonstrate the Chikitsa yojana & prepare case record in cases of given Udakavaha srotas vikara after performing relevant clinical examination	NLHP	D-bed
9/5/2026	Saturday	10-11AM	Dr. Nithyashree K	Develop the Samprapti vighatana, Chikitsa sutra, Chikitsa, and Pathyaapathya for Shosha (SP2Y) and Karshya (SP61)	LH	L&PPT
16/5/2026	Saturday	10-11AM	Dr. Nithyashree K	Describe Chikitsa sutra and Samprapti vighatana of Mootrakriccha roga with a treatment algorithm according to its stages of Shadkriyakala and appropriate plan of Shadvidhopakrama & Doshopakrama..	LH	L&PPT
18/5/2026	Monday	2-4PM	Dr. Nithyashree K	Demonstrate a short case on Kshudra roga and write an OPD prescription of the diagnosed case	NLHP	D-bed
23/5/2026	Saturday	10-11AM	Dr. Nithyashree K	Describe Chikitsa sutra and Samprapti vighatana of Mootrakriccha roga with a treatment algorithm according to its stages of Shadkriyakala and appropriate plan of Shadvidhopakrama & Doshopakrama.	LH	L&PPT

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE


Faculty name: Dr H C SUMA
Department: Kayachikitsa
Batch – 2021-22

Academic Year: 2025-26
Professional: 3rd Year BAMS
Month: MAY 2026

Date	Day	Time	Faculty	Topic	Class	T-L Method	Remarks
8/5/26	Friday	10-11AM	Dr H C Suma	Describe Chikitsa sutra and Samprapti vighatana of Jalodara roga with a treatment algorithm according to its stages of Shadkriyakala and appropriate plan of Shadvidhopakrama & Doshopakrama.	LH	PPT	
9/5/26	Saturday	2-4 PM	Dr H C Suma	Case demonstration on Udakavaha srotas.	NLHP	CD	
11/5/26	Monday	4-5PM	Dr H C Suma	Explain the Etiopathogenesis, Diagnosis, Principles of management and Ayurvedic perspective of Ascites & Jaliyovidyutansh vaishamya (Fluid- electrolyte imbalance)	NLHT	Flipped class	
15/5/26	Friday	10-11 AM	Dr H C Suma	Construct chikitsa yojana of Udara roga & Jalodara	LH	PPT	
20/5/26	wednesday	2-4 PM	Dr H C Suma	Case demonstration on Udakavaha srotas	NLHP	CD	
22/5/26	Friday	10-11AM	Dr H C Suma	Identifying the occurrence of Iatrogenic Disease & assessment of the benefits of Shuddha chikitsa & ill effects of Ashuddha chikitsa	LH	PPT	

29/5/202 6	Friday	10-11 AM	Dr H C Suma	Chikitsa yojana for Drug induced Iatrogenic Disease	LH	PPT	
---------------	--------	-------------	-------------	--------------------------------------------------------	----	-----	--


SIGNATURE OF THE FACULTY


SIGNATURE OF THE HOD
M. C. D.
DEPT. OF P. C. STUDIES IN KAYACHIKITSA
45TH MILE AVD., JESU MEDICAL COLLEGE
TUMKUR

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE

RING ROAD, MARALURU.TUMAKURU

TEACHER'S TIME TABLE

Faculty name: Dr H C SUMA
Department: Kayachikitsa
Batch – 2022-23

Academic Year: 2026-27
Professional: 3rd Year BAMS
Month: MAY2026

Date	Day	Time	Faculty	Topic	Class	T-L Method	Remarks
2/5/26	Saturday	10-11AM	Dr H C Suma	Summarize the SampraptiVighatana, Chikitsa sutra & Chikitsa of Akshepakavyadhi	LH	PPT	
7/5/26	Thursday	2-4pm	Dr H C Suma	Case demonstration on vatavyadhi.	NLHP	CD	
16/5/26	Friday	4-5PM	Dr H C Suma	Summarize the Etiopathogenesis, Diagnosis, and Ayurvedic perspective and principles of Management of Guillain-Barre Lakshana samuchchaya (Guillain-Barre syndrome), Ajnavahanadikoshavikara (Motor Neuron Disease), Anuprasthiyasitamajjachadda -shotha (Transverse Myelitis), Peshidourbalya (Myasthenia Gravis)	NLHT	Flipped class	
9/5/26	Saturday	10-11AM	Dr H C Suma	Detail the SampraptiVighatana, Chikitsa sutra and Chikitsa of Ardita (Bell's Palsy) and Construct chikitsa yojana including Rasayana&Pathyaapathya	LH	PPT	
16/5/26	saturday	10-11AM	Dr H C Suma	Elaborate the Etiopathogenesis, Diagnosis and Ayurvedic Perspective including principles of	NLHT	Flipped class	

				Managemnet of Parisareeyanadishotha(Peripheral Neuropathy)		
21/5/26	Thursday	2-4pm	Dr H C Suma	Case demonstration on vatavyadhi	NLHP	CD
23/5/26	Saturday	10-11AM	Dr H C Suma	Elaborate the Etiopathogenesis, Diagnosis and Ayurvedic Perspective including principles of Managemnet of Parisareeyanadishotha(Peripheral Neuropathy)	LH	PPT
30/5/26	Saturday	10-11AM	Dr H C Suma	Sketch the importance of Antahparimarjana and Bahirparimarjana chikitsa in Vata vyadhi	LH	PPT


SIGNATURE OF THE FACULTY


SIGNATURE OF THE HOD

H.O.D.
DEPT OF P & S STUDIES IN KAYACHIKITSA
49TH ANNI AYURVEDIC MEDICAL COLLEGE
TUMKUR

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD

MARALURU.TUMAKURU-572105

TEACHER TIMETABLE


Name of the faculty: Dr Shymala R.

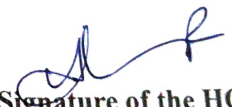
Academic Year: MAY-2026

BATCH: 2021- 2022

SL.NO	DATE	TIME	TOPIC	CLASS	T-L METHOD
1.	06/05/2026	02-04 PM	Summarize the steps involved in the technique of Slit lamp examination.	NLHP	TU T,D,PBL
2.	06/05/2026	11-12 PM	Describe Lakshanas and Chikitsa of Shushkaskhipaka.Explain Structure of Tear Film: Etiology, Clinical Features, and Management of Dry Eye Syndrome and Computer vision syndrome	LH	L&PPT
3.	11/05/2026	02-04 PM	Present the case of Uveitis.	NLHP	PBL,CD
4.	12/05/2026	02-04 PM	Examine the Taraka (Iris), Drishtimandala (Pupil), and Anterior chamber.	NLHP	,P EXAM,TUT,PBL,
5.	13/05/2026	11-12 PM	Define Glaucoma.Explain Clinical & etiological Classification, Clinical Features,Investigative procedures and Complications of Glaucoma (Primary Open Angle Glaucoma,Primary Angle Closure Glaucoma); and various Medical Regimes for	LH	L&PPT

			Management of Glaucoma. [Topical Beta Blockers, Carbonic Anhydrase inhibitors, Prostaglandin analogues, Adrenergic Drugs Miotics (Pilocarpine)].		
5.	13/05/2026	02-04PM	Present a case of Raktaakshi (red eye) presenting with Srava (discharge).	NLHP	D,PBL
6.	19/05/2026	02-04PM	Present a case presenting with Shushkakshi (dry eyes).	NLHP	P BL,CD
7.	20/05/2026	11-12 PM	Elaborate clinical features and management of Doshaja Timira.	LH	L&PPT
8.	20/05/2026	02-04 PM	Summarize the steps involved in the technique of Tonometry and Perimetry.	NLHP	PBL,TU T
9.	27/05/2026	11-12 PM	Define and expound etiological and clinical classification, clinical features, complications and treatment of errors of refraction (Myopia, Hypermetropia, Astigmatism)	LH	L&PPT
10.	27/05/2026	02-04PM	Demonstrate the technique of Fundus examination.	NLHP	D


Signature of the faculty


Signature of the HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD

MARALURU.TUMAKURU-572105

Department of SHALAKYA TANTRA

TEACHER TIMETABLE

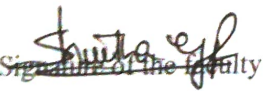
Name of the faculty: Dr Shwetha G R.

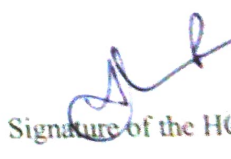
Academic Year: MAY-2026

BATCH: 2021- 22

SL.NO	DATE	TIME	TOPIC	CLASS	T-L METHOD
1.	02/05/2026	11-12 PM	Explain Hetu, Lakshana, Chikitsa and Upadrava of different types of Adhimantha and Hatadhimantha.	LH	L&PPT
2.	04/05/2026	02-04 PM	Summarize the steps involved in the technique of Slit lamp examination.	NLHP	TU T.D,PBL
3.	05/05/2026	02-04 PM	Present the case of Uveitis.	NLHP	PBL,CD
4.	07/05/2026	02-04PM	Present the method of examination of a Sashula AFT-Raktaakshi.(Painful red eye)(Savrana Shukla/Corneal ulcer).	NLHP	BED,PB L
5.	09/05/2026	11-12 PM	Construe Lakshanas and Chikitsa of Sashophapaka, Ashophapaka, Amloshita, Sirotpata, Siraharsha, and Vataparyaya.	LH	L&PPT
6.	11/05/2026	02-04 PM	Examine the Taraka (Iris), Drishtimandala (Pupil), and Anterior chamber.	NLHP	,P EXAM,TUT,PBL.

7.	12/05/2026	02-04 PM	Present a case of Raktaakshi (red eye) presenting with Srava (discharge).	NLHP	D.PBL
8.	14/05/2026	02-04 PM	Present a case presenting with Shushkakshi (dry eyes).	NLHP	PBL,CD
9.	14/05/2026	04-05 PM	Describe fundamentals of surgical techniques for Management of Glaucoma (Peripheral Iridectomy, Trabeculectomy, and cyclodestructive procedures)	NLT	L
10.	16/05/2026	11-12 PM	Describe in brief Drishti Vichara as per Susruta Samhita.Expound the clinical features of Patalagata Timira.	LH	L&PPT
11.	19/05/2026	02-04 PM	Summarize the steps involved in the technique of Tonometry and Perimetry.	NLHP	PBL,TU T
12.	21/05/2026	02-04 PM	Summarise types and Surgical Steps in Mastoidectomy.Explain Indication, Contra-Indication and Surgical Steps in Myringotomy.	NLHP	PBL,L_ VC,
13.	23/05/2026	11-12 PM	Explain Clinical features and Treatment of Kacha and Linganasha.	LH	L&PPT


Signature of the faculty


Signature of the HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD
MARALURU.TUMAKURU-572105
Department of SHALAKYA TANTRA
TEACHER TIMETABLE

Name of the faculty: Dr Suma T L.

Academic Year: MAY-2026

BATCH: 2021- 22

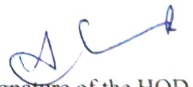
SL.NO	DATE	TIME	TOPIC	CLASS	T-L METHOD
1.	4/05/2026	2-4PM	Present the method of examination of aSashulaRaktaakshi. (Painful red eye)(Savrana Shukla/Corneal ulcer).(Batch-D)	NLHP	CD
2.	5/05/2026	2-4PM	Present the method of examination of aSashulaRaktaakshi. (Painful red eye)(Savrana Shukla/Corneal ulcer). Summarise the steps involved in the technique of Slit lampexamination.(Batch-C &B)	NLHP	CD
3.	7/05/2026	4-5PM	Describe Types, Clinical features and method of removal of Agantuja Shalya (Foreign Body) in Ear.	NLHT	L &PPT
4.	8/05/2026	2-3PM	Describe types, etiology, clinical features, differential diagnosis,investigations, and medical treatment of Nasarsha (Nasal Polyps).	LH	L &PPT

5.	9/05/2026	2-4PM	Present an appropriate history in a patient presenting with Nasaavarodha.	NLHP	CD
6.	12/05/2026	2-4PM	Present the case of Uveitis.	NLHP	CD
7.	15/05/2026	2-3PM	Enlist the causes of NasagataRaraktasrava.Describe Hetus, Samprapti, Lakshanas and Chikitsa of Urdhwaga (Nasagata) Raktapitta.Describe Etiology, Types, Clinical Features, Differential Diagnosis, and Investigations of Epistaxis.	LH	L & PPT
8.	16/05/2026		Describe Samanya Yoga (Drugs) used in Karna Nasa MukhaRoga.	NLHP	CBL
9.	18/05/2026	2-4PM	Present an appropriate history in a patient presenting with Nasaavarodha.(BATCH-C)	NLHP	CD
10.	19/05/2026	2-4PM	Present cases with NasagataRaktasrava.Summarise the steps involved in the Atyayika Chikitsa in NasagataRaktasrava (Anterior epistaxis).	NLHP	D,CD
11.	22/05/2026	3-4PM	Describe Lakshanas and Chikitsa of Nasarbuda.Describe Etiological classification and Clinical Features of Tumors of the nose and paranasal sinuses. (Rhinophyma and Squamous cell Ca)	LH	L & PPT
12.	23/05/2026	2-4PM	Present an appropriate history in a patient presenting with	NLHP	CD

			Gandhajnana Vikruthi (Anosmia, Hyposmia, Parosmia).		
13.	25/05/2026	2-4PM	Present an appropriate history in a patient presenting with Gandhajnana Vikruthi (Anosmia, Hyposmia, Parosmia).(BATCH-C)	NLHP	CD
14.	26/05/2026	2-4PM	Present a case presenting with Shushkakshi (dry eyes).	NLHP	CD
15.	29/05/2026	2-3PM	Describe the Aetiology, Clinical features, and treatment of Galashundika, Tundikeri, Kacchapa (Tumours of the palate), Uvulitis, and Gilayushotha (Tonsillitis).	LH	L & PPT
16.	30/05/2026	2-4PM	Summarize the steps involved in the technique of Tonometry and Perimetry.	NLHP	DM



Signature of the faculty



Signature of the HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD
MARALURU.TUMAKURU-572105
Department of SHALAKYA TANTRA
TEACHER TIMETABLE

Name of the faculty: Dr.Shyamala.R

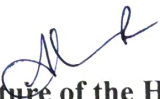
Academic Year: MAY-2026

BATCH: 2022- 23

SL.NO	DATE	TIME	TOPIC	CLASS	T-L METHOD
1.	07/05/2026	11-01PM	Perform History taking in cases of Netraroga.	NLHP	T UT,D BED
2.	11/05/2026	03-04 PM	Explain Kriya Shareera of Netra (Physiology of vision).	NLHT	L&PPT
3.	11/05/2026	11-01PM	Follow the steps in performing the structural examination of Netra.	NLHP	L&PPT
4.	18/05/2026	11-01PM	Follow the steps in performing the visual acuity assessment for Distant vision, near	NLHP	PP-Practical

			vision, colour vision, field of vision, and ocular motility.		
5.	25/05/2026	11-01PM	Define and Discuss Types and dose, indications and contra indications, Poorva, Pradhana and Pashchat karma, Kala, Ayoga, Samyakyoga and Atiyoga Lakshanas, complications and management of Tarpana and Putapaka	NLHP	TUT,PT ,D-BED
6.	25/05/2026	03-04 PM	Explain Classification of Netraroga according to treatment principles, prognosis, and Doshadhikya and Explain Saama Nirama Lakshana.	NLHT	L&GD,DIS


Signature of the faculty


Signature of the HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD

MARALURU.TUMAKURU-572105

Department of SHALAKYA TANTRA

TEACHER TIMETABLE

Name of the faculty: Dr Shwetha G R.


Academic Year: MAY-2026

BATCH: 2022- 23

SL.NO	DATE	TIME	TOPIC	CLASS	T-L METHOD
1.	04/05/2026	09-10 AM	.Explain Netra Rachana Shareera (Anatomy of Eye).	LH	L&PPT
2.	06/05/2026	11-01 PM	Perform History taking in cases of Netraroga.	NLHP	T UT,D BED
3.	06/05/2026	02-03 PM	.Explain Netra Rachana Shareera (Anatomy of Eye).	LH	L&PPT
4.	09/05/2026	11-01PM	Perform History taking in cases of Netraroga.	NLHP	T UT,D BED
5.	13/05/2026	11-01 PM	Follow the steps in performing the structural examination of Netra.	NLHP	TUT,PT ,D-BED
6.	13/05/2026	02-03 PM	Explain Netra Rachana Shareera (Anatomy of Eye)	LH	RS-Integration session
7.	18/05/2026	09-10 AM	Describe Samanya Hetus (Nija and	LH	L&PPT

			Agantuja), Purvarupa, and Samprapti of Netraroga.		
8.	20/05/2026	11-01 PM	Follow the steps in performing the visual acuity assessment for Distant vision, near vision, colour vision, field of vision, and ocular motility.	NLHP	D
9.	20/05/2026	02-03 PM	List the key findings of current research on Tarpana and Putapaka.	NLT	DIS, TB L,LS
10.	23/05/2026	11-12 PM	Follow the steps in performing the structural examination of Netra.	LH	TUT,PT ,D-BED ,


Signature of the faculty


Signature of the HOD

ASHWINI AYURVEDIC MEDICAL COLLEGE RING ROAD
MARALURU.TUMAKURU-572105

Department of SHALAKYA TANTRA

TEACHER TIMETABLE

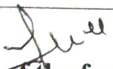
Name of the faculty: Dr Suma T.L.


Academic Year: MAY-2026

BATCH: 2022- 23

SL.NO	DATE	TIME	TOPIC	CLASS	T-L METHOD
1.	02/05/2026	11-1PM	Present an appropriate history in a patient presenting with Shirahshoola. Learn Differential diagnosis of Shirorogas -Vataja,Pittaja, Kaphaja, Sannipataja, Suryavartha, Anantavata,Ardhavabhedhaka. (BATCH-B)	NLHP	CD,D,
2.	06/05/2026	10-11AM	Classify Shiroroga according to Sushrutha and Vagbhata.Enlist Sadhya-asadhyatwa of Shiroroga.Explain the Samanya Nidanaand Samprapti of Shiroroga.Explain Hetus, Lakshana, Chikitsa of VatajaShiroroga, PittajaShiroroga, KaphajaShiroroga and SannipatajaShiroroga.	LH	L&PPT
3.	07/05/2026	11-1PM	Present an appropriate history in a patient presenting with Shirahshoola. Learn Differential diagnosis of Shirorogas -Vataja,Pittaja, Kaphaja, Sannipataja, Suryavartha,	NLHP	CD,D,

			Anantavata,Ardhavabhedhaka.(BATCH-D)		
4.	11/05/2026	9-10AM	Understand the International Classification of Headache ICHD-3and discuss Samanya Yogas used in Shiroroga.	NLHT	L,DIS
5.	13/05/2026	10-11AM	Explain ShirasoUttamangatwam.	NLHT	DIS
6.	14/05/2026	11AM-1PM	Perform History taking and give outline of case sheet (ShiraKarna Nasa Mukha roga)..(BATCH-D)	NLHP	RP,DIS
7.	16/05/2026	11AM-1PM	Perform History taking and give outline of case sheet (ShiraKarna Nasa Mukha roga).(BATCH-B)	NLHP	RP,DIS
8.	20/05/2026	10AM-11PM	Define Karna Nirukti, Karna Shareera (Asthi, Sandhi, Peshi, Sira,Marma) and Shravanendriya, Enlist Karna Rogas,ExplainSamanya Nidana, Samanya Samprapti and Describe SamanyaChikitsa of Karna Roga.	LH	L,PPT
9.	21/05/2026	11AM-1PM	Demonstrate under supervision Moordhni Taila.(BATCH-D)	NLHP	DM
10.	25/05/2026	9-10AM	Describe the anatomy of different structures of Karna - Ear(External, Middle, and Internal) and clinical application.	LH	INTEGRATED SESSION
11.	28/05/2026	11AM-1PM	Present an appropriate history in a patient presenting withArdhavabhedaka.(BATCH-D)	NLHP	CD
12.	30/05/2026	11AM-1PM	Demonstrate under supervision Moordhni Taila.(BATCH-B)	NLHP	DM


Signature of the faculty


Signature of theHOD

ASHWINI AYURVEDIC MEDICAL COLLEGE AND RESEARCH
CENTRE, TUMKUR

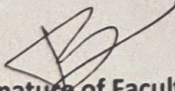
DEPARTMENT OF SHALYA TANTRA

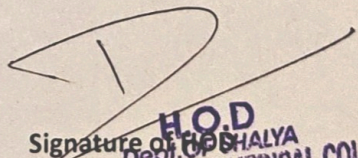
Teacher's time table

Dr. B R PATIL

MAY- 2026

DATE	DAY	TIME	TOPIC	CLASS	T-L METHOD	BATCH
6.5.26	WEDNESDAY	9-10AM	PORTAL HYPERTENSION	NLHP (1HR)	PPT VIDEO	2021-22
13.5.26	WEDNESDAY	9-10AM	PORTAL HYPERTENSION	NLHP (1HR)	PPT VIDEO	2021-22
14.5.26	THURSDAY	4-5PM	INFORMED CONSENT	NLHT	DISCUSSION , PPT	2022-23
16.5.26	SATURDAY	4-5PM	TRIVIDHA KARMA	LH	PPT	2022-23
23.5.26	SATURDAY	4-5PM	TRIVIDHA KARMA	NLHP (1HR)	VIDEO, PPT	2022-23
30.5.26.	SATURDAY	4-5PM	PA - 1.			


Signature of Faculty


Signature of HOD
Dept. of SHALYA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE,

TUMKUR-572105 (AYU0094)

DEPARTMENT OF SHALYA TANTRA

Name of the Faculty: Dr. MANOJ D. C.

Year- III Prof BAMS

SYLLABUS & TIME TABLE FOR THE MONTH OF MAY 2026

SL. NO.	DATE	DAY	TIME	TOPIC	LH/ NLHT/ NLHP	T-L METHOD	UG/ PG	BATCH
1.	02/05/2026	SATURDAY	4pm to 5pm	Pre-Operative Assessment.	4.1- NLHT	L&GD	UG	2022-23
2.	05/05/2026	TUESDAY	10am to 11am	Cholecystitis & Choledocholithiasis	LH	L&PPT	UG	2021-22
3.	06/05/2026	WEDNESDAY	9am to 10am	Local Anaesthesia	LH	L&PPT	UG	2022-23
4.	06/05/2026	WEDNESDAY	11am to 1pm	Demonstration of BLS in Skill Lab (Class Adjustment with Dr. Harshitha AV)- Batch- C	4.1- NLHP	Hands On Training	UG	2022-23
5.	09/05/2026	SATURDAY	4pm to 5pm	Principles of safe general surgery	4.2- NLHT	L&GD	UG	2022-23
6.	11/05/2026	MONDAY	11am to 1pm	Demonstration of BLS in Skill Lab- Batch- B	4.1- NLHP	Hands On Training	UG	2022-23


Signature of the Faculty


H.O.D
Signature of the H.O.D
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE,

TUMKUR-572105 (AYU0094)

DEPARTMENT OF SHALYA TANTRA

Name of the Faculty: Dr. MANOJ D. C.

Year- III Prof BAMS

SYLLABUS & TIME TABLE FOR THE MONTH OF MAY 2026

7.	13/05/2026	WEDNESDAY	9am to 10am	Regional and General anaesthesia- Drugs, Techniques, Indications, Contraindications, Complications and their Management.	LH	L&PPT	UG	2022-23
8.	13/05/2026	WEDNESDAY	11am to 1pm	First Aid Training	6.1- NLHP	Hands On Training	UG	2022-23
9.	14/05/2026	THURSDAY	10am to 11am	Intestinal Perforation	LH	L&PPT	UG	2021-22
10.	14/05/2026	THURSDAY	11am to 1pm	Demonstration of BLS in Skill Lab- Batch- D	4.1- NLHP	Hands On Training	UG	2022-23
11.	16/05/2026	SATURDAY	11am to 1pm	Demonstration of BLS in Skill Lab- Batch- A	4.1- NLHP	Hands On Training	UG	2022-23
12.	20/05/2026	WEDNESDAY	9am to 10am	Nirukti, Pradhanyata, Guna, Dosha, Karma, Prakara of Kshara. Arhata, Anarhata, Pradhana karma, Upadrava, and Chikitsa of Ksharkarma	LH	L	UG	2022-23
13.	27/05/2026	WEDNESDAY	9am to 10am	clinical application of Ksharasutra, Kshara Pratisarana, Ksharataila, Ksharavarti, and Ksharodaka in different surgical conditions.	V-RSBK	L&PPT	UG	2022-23


Signature of the Faculty


Signature of the HOD
Dept. OF SHALYA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

TUMKUR 572105. (AYU094)

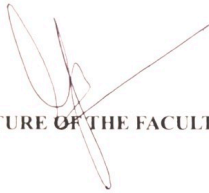
DEPARTMENT OF SHALYA TANTRA

TEACHER'S TIMETABLE – MAY 2026- CBME BATCH

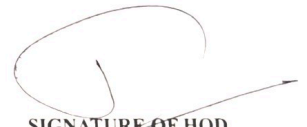
NAME OF THE FACULTY- DR POORNIMA M R

DATE	DAY	TIME	FACULTY	TOPIC	CLASS	T-L METHOD	BATCH
4.5.26	MONDAY	2-3 PM	DR M R POORNIMA	OT STERILIZATION, VRANITAGARA	LH	PPT	2022-23
11.5.26	MONDAY	2-3 PM	DR M R POORNIMA	YOGYA SOOTREEYA ADHYAYA	LH	PPT VIDEO	2022-23
18.5.26	MONDAY	2-3 PM	DR M R POORNIMA	OT FUMIGATION AND FOGGING	LH CONVE RTED TO NLHP	PPT VIDEO AND ASSIGNMEN T IN NLHP BOOK	2022-23
14.5.26	THURSDAY	4-5PM	DR M R POORNIMA	VRANITAGARA	NLHT	VIDEO DISCUSSIO N, ASSIGNMEN T IN NLHT BOOK	2022-23
7.5.26	CLASS EXCHANGED WITH DR. JAGADEESH SIR- PHD ENTRANCE EXAM RGUHS- 2021-22						
21.5.26	THURSDAY	10-11	DR M R POORNIMA	APPENDICITIS	LH	PPT, VIDEO	2021-22
30.5.26	SATURDAY	4-5PM	DR M R POORNIMA	CA - LARGE INTESTINE	NLHT	PPT VIDEO DISCUSSIO N	2021-22
18.5.26, 20.5.26, 21.5.26, 23.5.26	MONDAY, WEDNESDAY, THURSDAY, SATURDAY	11-1PM	DR. M R POORNIMA	GLOVES AND GOWN DONNING AND DOFFING	NLHP	ASSIGNMEN T IN NLHP BOOK DEMO	2022-23

18.5.26, 20.5.26, 21.5.26, 23.5.26	MONDAY, WEDNESDAY, THURSDAY, SATURDAY	2-4PM	DR M R POORNIMA	CASE TAKING AND CASE DISCUSSION (TO WRITE IN RECORD)	NLHP	DISCUSSIO N	2021-22
28.5.26	THURSDAY	10-11AM	HOLIDAY				



SIGNATURE OF THE FACULTY




SIGNATURE OF HOD
H.O.D
 Dept. OF SHALYA
 ASHWINI AYURVEDIC MEDICAL COLLEGE
 TUMKUR-572105

**ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE,
RING ROAD, MARALURU TUMKURU- 572101
DEPARTMENT OF SHALYA TANTRA**

TEACHERS TIME TABLEMAY-2026

CBME BATCH -DR.HARSHITHA AV

DATE	TIME	TOPIC	CLASS	T-L METHOD	BATCH
2-05-26 (SATURDAY)	4-5pm	peritonitis	NLHT	Case study	3 rd Prof BAMS (2021 - 22 Batch)
11-05-26 (MONDAY)	2-4pm	Examination of Ascites	NLHP	demonstration	3 rd Prof BAMS (2021 - 22 Batch)
13-05-26 (WEDNESDAY)	2-4PM	Examination of Ascites	NLHP	demonstration	3 rd Prof BAMS (2021 - 22 Batch)
14-05-26 (THURSDAY)	2-4PM	Examination of Ascites	NLHP	demonstration	3 rd Prof BAMS (2021 - 22 Batch)
16-05-2026 (SATURDAY)	2-4 PM	Examination of Ascites	NLHP	demonstration	3 rd Prof BAMS (2021 - 22 Batch)
16-05-2026 (SATURDAY)	4-5 PM	Ascities	NLHT	Case study	3 rd Prof BAMS (2021 - 22 Batch)
20-5-2026 (WEDNESDAY)	9-10 AM	Examination of peptic ulc	NLHP	Video +PPT	3 rd Prof BAMS (2021 - 22 Batch)
27-05-2026 (WEDNESDAY)	9-10 AM	Ca stomach	LH	PPT	3 rd Prof BAMS (2021 - 22 Batch)


H.O.D
Dept. OF SHALYA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE,
RING ROAD, MARALURU TUMKURU- 572101

DEPARTMENT OF SHALYA TANTRA

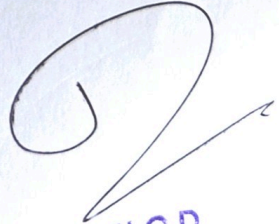
TEACHERS TIME TABLE

MAY-2026

CBME BATCH- 2022-23

DR.HARSHITHA AV

DATE	TIME	TOPIC	CLASS	T-L METHOD
4-05-26 (MONDAY)	11-1PM	FIRST AID	NLHP	DEMONSTRATION
6-05-26 (WEDNESDAY)	11-1PM	FIRST AID	NLHP	DEMONSTRATION
07-05-26 (THURSDAY)	10-11 AM	SHASTRA KARMA	LH	PPT
07-05-26 (THURSDAY)	11-1PM	FIRST AID	NLHP	DEMONSTRATION
14-05-26 (SATURDAY)	10-11 AM	FIRST AID	NLHP	DEMONSTRATION
21-05-2026 (THURSDAY)	10-11 AM	SHASTRA KARMA	LH	PPT
28-05-2026 (THURSDAY)	10-11 AM	-----	-----	-----


H.O.D
Dept. OF SHALYA
ASHWINI AYURVEDIC MEDICAL COLLEGE
TUMKUR-572105

ASHWINI AYURVEDIC MEDICAL COLLEGE AND RESEARCH CENTRE, TUMKUR

DEPARTMENT OF SHALYA TANTRA

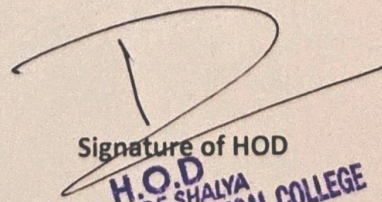
Teacher's time table (Batch 2021-22& 2022-23)

Dr. Jagadheesh D

MAY- 2026

DATE	DAY	TIME	TOPIC	CLASS	T-L METHOD	REMARKS
04/05/26 (2021-22batch)	Monday	12PM-1PM	Abdominal injuries	LH	Lecturing/ppt	
07/05/26	Thursday	10AM-11AM	Rectal prolapse	LH	Lecturing/ppt	
11/05/26 (2022-23)	Monday	9am-10am	YANTRA & SHASTRA	LH	Lecturing/ppt	
16/05/26 (2022-23)	Saturday	4PM-5PM	YANTRA & SHASTRA	LH	Lecturing/ppt	
19/05/26 (2022-23)	Tuesday	9am-10am	ON LEAVE CLASS EXCHANGED WITH Dr Manoj DC			
25/05/26 (2021-22)	Monday	11AM-1PM	YANTRA & SHASTRA (Batch B)	NLHP	DEMONSTRATION/EXPLANATION	
27/05/26 (2022-23)	Wednesday	11AM-1PM	YANTRA & SHASTRA (Batch C)	NLHP	DEMONSTRATION/EXPLANATION	
28/05/26	Thursday	11AM-1PM	YANTRA & SHASTRA (Batch D)	NLHP	DEMONSTRATION/EXPLANATION	
30/05/26	Saturday	11AM-1PM	YANTRA & SHASTRA (Batch A)	NLHP	DEMONSTRATION/EXPLANATION	

Signature of Faculty


 Signature of HOD
H.O.D
 Dept. OF SHALYA
 ASHWINI AYURVEDIC MEDICAL COLLEGE
 TUMKUR-572105

ASHWINI AYURVEDIC MEDICAL COLLEGE AND RESEARCH CENTRE, TUMKUR

DEPARTMENT OF SHALYA TANTRA

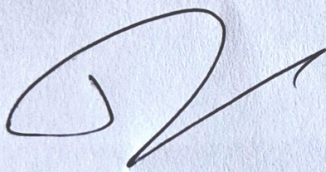
Teacher's time table (Batch 2021-22 & 2022-23)

Faculty : Dr. Dharmapal S L

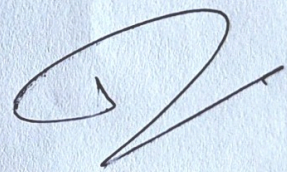
Month : May-2026

DATE	DAY	TIME	TOPIC	CLASS	T-L METHOD	REMARKS
04/05/26	Monday	2-4PM	Batch B - Examination of a Sinus or Fistula	NLHP (2021-22)	DOPS, T- CS,	
05/05/26	Tuesday	9-10am	Chronological Development of Surgery	NLHT (2022 - 23)	Lecturing/pt	
06/05/26	Wednesday	2-4PM	Batch C - Examination of a Sinus or Fistula	NLHP (2021-22)	DOPS, T- CS,	
07/05/26	Thursday	2-4PM	Batch D - Examination of a Sinus or Fistula	NLHP (2021-22)	DOPS T- CS,	
09/05/26	Saturday	2-4PM	Batch A - Examination of a Sinus or Fistula	NLHP (2021-22)	DOPS T- CS,	
09/05/26	Saturday	4-5PM	Surgical Anatomy of Rectum And Anus, diseases of rectum and anus, presentation by manasa and vedagrini physiology of defecation	NLHT (2021 - 22)	L&GD, P ER,	
11/05/26	Monday	12 - 1 pm	Aetiopathogenesis, classification, clinical features, diagnosis, complications and management of fistula in ano	LH (2021-22)	L&PPT	
18/05/26	Monday	12 - 1 pm	Aetiopathogenesis, classification, clinical features, diagnosis, complications and management of hemorrhoids by bheeresh and hemanth	LH (2021-22)	L&PPT	

21/05/26	Thursday	4-5 pm	Surgical case taking	NLHT converted to NLHP (2022 - 23)	L, CBL, PT, CD	
25/05/26	Monday	4-5 pm	Examination, Diagnosis, and management of rectal cases	NLHP (2021-22)	DOPS PP-practical	
27/05/26	Wednesday	4-5 pm	Examination, Diagnosis, and management of rectal cases	NLHP (2021-22)	DOPS PP-practical	
28/05/26	Thursday		HOLIDAY	HOLIDAY	HOLIDAY	
29/05/26	Saturday	4-5 pm	Examination, Diagnosis, and management of rectal cases	NLHP (2021-22)	DOPS, PP-practical	



Signature of Faculty



Signature of HOD
 H.O.D
 Dept. OF SHALYA
 ASHWINI AYURVEDIC MEDICAL COLLEGE
 TUMKUR-572105

Teachers Timetable – MAY 2026

Dr. Meenakshi

Date	Day	Time	Faculty	Topic	Class	T – L Method	Batch
04.05.2026	Monday	10AM – 11AM	Dr. Meenakshi	Nervous system introduction	LH	PPT	2021 - 22
05.05.2026	Tuesday	11AM – 1PM	Dr. Meenakshi	Role of Panchakarma in Nervous system disorder	NLHP (GBL – Batch A & B)	Article	2021- 22
05.05.2026	Tuesday	3PM – 4PM	Dr. Meenakshi	Introduction to Kaumarabhritya	LH	PPT	2022- 23
05.05.2026	Tuesday	4PM – 5PM	Dr. Meenakshi	Jalashershaka disease	LH	PPT	2021 - 22
06.05.2026	Wednesday	12PM- 12:30PM	Dr. Meenakshi	Integrated Session by Department of KC (kshudra rogas)	IN	Notes	2021- 22

08.05.2026	Friday	11AM – 1PM	Dr. Meenakshi	Role of Panchakarma in Nervous system disorder	NLHP (GBL – Batch C&D)	Article	2021- 22
09.05.2026	Saturday	12PM – 1PM	Dr. Meenakshi	Hydrocephalus	LH	PPT	2021- 22
09.05.2026	Saturday	2PM – 3PM	Dr. Meenakshi	Introduction to Growth & Development	LH	PPT	2022- 23
11.05.2026	Monday	10AM – 11AM	Dr. Meenakshi	Epilepsy	LH	PPT	2021- 22
12.05.2026	Tuesday	11AM – 1PM	Dr. Meenakshi	Growth & Development	NLHP	GBL	2022- 23
12.05.2026	Tuesday	3PM – 4PM	Dr. Meenakshi	Factors affecting Growth	LH	PPT	2022- 23
15.05.2026	Friday	11AM – 1PM	Dr. Meenakshi	Growth & Development	NLHP	GBL	2022- 23
16.05.2026	Saturday	12PM – 1PM	Dr. Meenakshi	Apasmara	LH	PPT	2021- 22

16.05.2026	Saturday	2PM – 3PM	Dr. Meenakshi	Factors affecting Growth	NLHT	PPT	2022- 23
18.05.2026	Monday	10AM – 11AM	Dr. Meenakshi	Flopping disease & Ataxia	LH	PPT	2021- 22
19.05.2026	Tuesday	11AM – 1PM	Dr. Meenakshi	Case Discussion	NLHP Batch A & B	PPT	2021- 22
19.05.2026	Tuesday	3PM – 4PM	Dr. Meenakshi	Factors affecting Development	LH	PPT	2022 - 23
22.05.2026	Friday	11AM – 1PM	Dr. Meenakshi	Case Discussion	NLHP – Batch C & D	PPT	2021 - 22
23.05.2026	Saturday	12PM – 1PM	Dr. Meenakshi	Cerebral palsy	LH	PPT	2021- 22
23.05.2026	Saturday	2PM – 3PM	Dr. Meenakshi	Ayurvedic aspect of Growth and Development	LH	PPT	2022- 23
25.05.2026	Monday	10AM – 11AM	Dr. Meenakshi	Over view of nervous system	LH	PPT	2021- 22
26.05.2026	Tuesday	11AM – 1PM	Dr. Meenakshi	Growth and Development	NLHP	PPT	2022- 23

26.05.2026	Tuesday	3PM – 4PM	Dr. Meenakshi	Dantotbheda janya rogas	LH	PPT	2022- 23
29.05.2026	Friday	11AM – 1PM	Dr. Meenakshi	Growth and Development	NLHP	PPT	2022- 23
30.05.2026	Saturday	12PM – 1PM	Dr. Meenakshi	Nervous system	NLHT	Notes	2021- 22
30.05.2026	Saturday	2PM – 3PM	Dr. Meenakshi	Dantotbheda janya rogas	LH	PPT	2022- 23

Signature of HOD

Signature of Faculty

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR-572105

DEPARTMENT PANCHA KARMA

TEACHER'S TIME TABLE MONTH OF MAY- 2026

Faculty name: - Dr. DIVYA KINI

	Date	Day	Class	Time	T-L Methods	Topic	Batch
	02/05/26	Saturday	NLHP	2-4 P M	D -M	Demonstrate Pradhana Karma of Anuvasana Basti Batch -C	2021-22
	06/05/26	Wednesday	L H	10-11 A M	L&PPT	Explain the preparation of Basti Dravya	2021-22
	07/05/26	Thursday	L H	3-4 P M	L&PPT	Define Panchakarma, Panchashodhana and differentiate Pancha Karma & Pancha Shodhana	2022-23
	11/05/26	Monday	NLHP	11-1P M	RP, RLE	Reproduce the requirements of Panchakarma theatre.	2022-23
	13/05/26	Wednesday	L H	10-11 A M	L&PPT	Explain the mode of action of Niruha Basti and Anuvasana Basti	2021-22
	13/05/26	Wednesday	NLHP	11-1P M	RP, RLE	Reproduce the requirements of Panchakarma theatre.	2022-23

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR-572105

DEPARTMENT PANCHA KARMA

TEACHER'S TIME TABLE MONTH OF MAY- 2026

Faculty name: - Dr. DIVYA KINI

Date	Day	Class	Time	T-L Methods	Topic	Batch
14/05/26	Thursday	NLHP	11-1P M	RP, RLE	Reproduce the requirements of Panchakarma theatre.	2022-23
14/05/26	Thursday	L H	3-4 P M	L&PPT	Describe the importance of Shodhana and its benefits	2022-23
16/05/26	Saturday	NLHP	11-1P M	RP, RLE	Reproduce the requirements of Panchakarma theatre.	2022-23
18/05/26	Monday	NLHP	2-4 P M	D -M	Demonstrate the preparation , indications and application of Basti formulations in clinical scenario	2021-22
20/05/26	Wednesday	L H	10-11 A M	L&PPT	Explain the mode of action of Niruha Basti and Anuvasana Basti	2021-22
20/05/26	Wednesday	NLHP	2-4 P M	D -M	Demonstrate the preparation , indications and application of Basti formulations in clinical scenario	2021-22

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR-572105

DEPARTMENT PANCHA KARMA

TEACHER'S TIME TABLE MONTH OF MAY- 2026

Faculty name: - Dr. DIVYA KINI

Date	Day	Class	Time	T-L Methods	Topic	Batch
21/05/26	Thursday	NLHP	2-4 P M	D -M	Demonstrate the preparation , indications and application of Basti formulations in clinical scenario	2021-22
22/05/26	Friday	NLHT	4-5P M	L&GD	Analyse Karmukata of Niruha Basti and Anuvasana Basti	2021-22
23/05/26	Saturday	NLHP	2-4 P M	D -M	Demonstrate the preparation , indications and application of Basti formulations in clinical scenario	2021-22
27/05/26	Wednesday	L H	10-11 A M	L&PPT	Describe the ingredients, method of preparation and clinical application of Madhutailika Basti, Vaitarana Basti,	2021-22



Dr Divya Kini

Professor & Head

Department of Pancha Karma

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR

TEACHER'S TIME TABLE – MARCH 2026

Dr Vivekaradhya M

Date	Day	Time	Topic	Class	T-L Method	Batch
04-05-2026	Monday	10-11 AM	Describe the indications and contraindications of Anuvasana Basti	LH	L&PPT, CBL	2021-22 Batch A
04-05-2026	Monday	11-01 PM	Demonstrate recent developments in instrumentation in practice of Panchakarma and Upakarma.	NLHP	L_VC, FV	2022-23 Batch D
05-05-2026	Tuesday	10-11 AM	Explain the concept of Panchakarma in Swastha and Atura	LH	L_VC, PER	2022-23
06-05-2026	Wednesday	11-01 PM	Demonstrate recent developments in instrumentation in practice of Panchakarma and Upakarma.	NLHP	L_VC, FV	2022-23 Batch A
07-05-2026	Thursday	11-01 PM	Demonstrate recent developments in instrumentation in practice of Panchakarma and Upakarma.	NLHP	L_VC, FV	2022-23 Batch B
08-05-2026	Friday	04-05 PM	Identify indications and contraindications of Anuvasana Basti	NLHT	PBL, CBL	2021-22
09-05-2026	Saturday	11-01 PM	Demonstrate recent developments in instrumentation in practice of Panchakarma and Upakarma.	NLHP	L_VC, FV	2022-23 Batch C
11-05-2026	Monday	11-12 PM	Explain the Purva Karma of Anuvasana Basti including dose, diet and time of administration of Anuvasana Basti	LH	L_VC, L&PPT	2021-22
11-05-2026	Monday	02-04 PM	Identify and compare traditional and conventional Basti Yantra, their components and applications	NLHP	RK,PP-Practical	2021-22 Batch D
12-05-2026	Tuesday	10-11 AM	Explain Dosha gati and Upasthitha Dosha in Panchakarma	LH	BL, L & PPT	2022-23
13-05-2026	Wednesday	02-04 PM	Identify and compare traditional and conventional Basti Yantra, their components and applications	NLHP	RK,PP-Practical	2021-22 Batch A
13-05-2026	Wednesday	04-05 PM	Enlist the types of Raktamokshana and explain its utility in diseases like Kushta, Vatarakta, Siragranthi and Gridhrasi	NLHT	CBL, L_VC	2022-23

14-05-2026	Thursday	02-04 PM	Identify and compare traditional and conventional Basti Yantra, their components and applications	NLHP	RK,PP-Practical	2021-22 Batch B
16-05-2026	Saturday	02-04 PM	Identify and compare traditional and conventional Basti Yantra, their components and applications	NLHP	RK,PP-Practical	2021-22 Batch C
18-05-2026	Monday	11-12 PM	Describe the indications and contraindications of Niruha Basti	LH	L&PPT, CBL	2021-22
19-05-2026	Tuesday	10-11 AM	Describe classification of Lipids, Digestion, Absorption and Metabolism of Fat	LH	V-KS	2022-23
25-05-2026	Monday	10-11 PM	Explain the Paschat Karma of Niruha Basti comprising of the diet and regimen after Niruha Basti, Vyapat and Chikitsa	LH	CBL, PBL, L&PPT	2021-22
25-05-2026	Monday	11-01 PM	Demonstrate the procedure of Shamanartha Snehapana	NLHP	DIS & CBL	2022-23 Batch D
26-05-2026	Tuesday	10-11 AM	Explain Shamanartha Snehapana, Kala, Matra and Anupana	LH	L & PPT	2022-23
27-05-2026	Wednesday	11-01 PM	Demonstrate the procedure of Shamanartha Snehapana	NLHP	DIS & CBL	2022-23 Batch A
29-05-2026	Friday	04-05 PM	Identify the therapeutic benefits of Niruha Basti	PRN	L&PPT	2021-22
30-05-2026	Saturday	11-01 PM	Demonstrate the procedure of Shamanartha Snehapana	NLHP	DIS & CBL	2022-23 Batch C

ASHWINI AYURVEDIC MEDICAL COLLEGE & RESEARCH CENTRE, TUMKUR

TEACHERS TIME TABLE – MAY 2026

Faculty : Dr Bhavana B C

Sl No	Date	Day	Time	Topic	Type of Class	T-L Method	Batch
1	2/5/26	Saturday	9am-10am	Describe the Definition,synonyms and classification of Basti according to Matra, Adhistana and karma	LH	L&PPT	2021-2022
2	4/5/26	Monday	2pm-4pm	Demonstrate purvakarma of Niruha basti	NLHP	DOPS	2021-2022 D Batch
3	6/5/26	Wednesday	2pm-4pm	Demonstrate pradhanakarma of Niruha basti	NLHP	DOPS	2021-2022 A Batch
4	6/5/26	Wednesday	4pm-5pm	Explain Rutu shodana	NLHT	TPW	2022-2023
5	7/5/26	Thursday	2pm-4pm	Demonstrate pradhanakarma of Niruha basti	NLHP	DOPS	2021-2022 B Batch
6	8/5/26	Friday	9am-10am	Explain agni and kosta pariksha in panchakarma	LH	L&PPT	2022-2023

7	9/5/26	Saturday	9am-10am	Enlist Anuvasana, Asthapanana, Anuvasanopaga & Asthapanopaga Dravya	LH	L&PPT	2021-2022
8	9/5/26	Saturday	2pm-4pm	Demonstrate paschat karma of Anuvasana basti	NLHP	DOPS	2021-2022 C Batch
9	15/5/26	Friday	9am-10am	Describe Prakruti prapta purusha lakshanas and astamaha doshakara bhavas	LH	L&PPT	2022-2023
10	15/5/26	Friday	4pm-5pm	Prepare a disease wise virechana purvakarma chart	NLHT	CBL	2021-2022
11	16/5/26	Saturday	9am-10am	Explain the paschat karma of anuvasana basti comprising of diet and regimen after anuvasana basti, vyapat and chikitsa	LH	L&PPT	2021-2022
12	18/5/26	Monday	11am-1pm	Apply the assessment of kosta and agni pariksha in panchakarma clinically	NLHP	CBL	2022-2023 D Batch
13	20/5/26	Wednesday	11am-1pm	Apply the assessment of kosta and agni	NLHP	CBL	2022-2023

				pariksha in panchakarma clinically			A Batch
14	21/5/26	Thursday	11am-1pm	Apply the assessment of kosta and agni pariksha in panchakarma clinically	NLHP	CBL	2022-2023 B Batch
15	22/5/26	Friday	9am-10am	Define Sneha and Snehana and describe the classification of Snehana Karma	LH	L&PPT	2022-2023
16	23/5/26	Saturday	9am-10am	Explain purvakarma of Niruha basti	LH	KL	2021-2022
17	23/5/26	Saturday	11am-1pm	Apply the assessment of kosta and agni pariksha in panchakarma clinically	NLHP	CBL	2022-2023 C Batch
18	25/5/26	Monday	2pm-4pm	Demonstrate pradhanakarma of Niruha basti	NLHP	DOPS	2021-2022 D Batch
19	27/5/26	Wednesday	2pm-4pm	Demonstrate paschat karma of Nasya	NLHP	DOPS	2021-2022 A Batch
20	27/5/26	Wednesday	4pm-5pm	Explain Rutu shodana	NLHT	TPW	2022-2023

21	29/5/26	Friday	9am-10am	Describe the importance and method of deepana, pachana and rookshana in snehana	LH	L&PPT	2022-2023
22	30/5/26	Saturday	9am-10am	Explain the pradhana karma of niruha basti comprising of the steps of administration, retention time, aprathyagamana of niruha dravya, samyak yoga, ayoga and atiyoga and chikitsa of ayoga and atiyoga	LH	L&PPT	2021-2022
23	30/5/26	Saturday	2pm-4pm	Demonstrate purvakarma of Niruha basti	NLHP	DOPS	2021-2022 C Batch